



# IDA LEWIS DISTANCE RACE SAILING INSTRUCTIONS

**AUGUST 16, 2013**

## **1 RULES**

- 1.1 The Racing Rules of Sailing 2013-2016 will apply except as any of these are altered by the Notice of Race, by these Sailing Instructions, and any subsequent amendment.
- 1.2 For IRC boats - IRC Rules Parts A, B and C shall apply.
- 1.3 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association.
- 1.4 For Multihull boats – the current NEMA Race Rules shall apply.
- 1.5 FOR ALL BOATS, the Minimum Equipment Recommendations for category 3 (without life rafts) for monohulls or multihull, as appropriate, of the International Sailing Federation Special Regulations Governing Offshore and Oceanic Racing. "Category 3", including US SAILING Prescriptions shall apply. A boat may not be protested for breaking ISAF OSR regulations except by the race or protest committees.

## **2 ENTRIES**

Eligible boats may enter by completing registration at Ida Lewis Yacht Club on Thursday, August 15, 2013, from 1630–1800 hours.

## **3 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board located on the deck on the east side of the Ida Lewis Yacht Club club house.

## **4 CHANGES TO THE SAILING INSTRUCTIONS**

Any changes to the Sailing Instructions will be posted before 0800 hours on the day of the race.

## **5 SIGNALS MADE ASHORE**

- 5.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 5.2 When flag AP is displayed ashore, the warning signal will be made not less than one (1) hour after flag “AP” is lowered. This modifies RRS Race Signals.
- 5.3 The Race Committee will make announcements concerning postponements, etc., will on VHF Channel 79A. Failure of the Race Committee to make such announcements, or failure of competitors to receive or hear such announcements will not be grounds for redress.

## **6 CLASSES AND CLASS FLAGS**

- 6.1 Boats will be divided into classes. Each boat shall race in the class to which it is assigned on the scratch sheet.
- 6.2 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

## **7 CHECK IN AND RETIREMENT**

- 7.1 Prior to the first warning signal, all boats shall check in with the Race Committee by passing astern of the Committee Boat on starboard tack and hailing their sail numbers, and having the Race Committee respond.
- 7.2 Boats retiring shall inform the Race Committee by phoning **(401) 846-1969 ext. 4** as soon as possible.

## **8 COURSES**

### **8.1 Course 1 - Montauk Course**

Start – East Passage Narragansett Bay, south of Rose Island  
RW “NB” MoA WHIS, ENE of Point Judith to port  
Buzzards Bay Tower Fl 2.5 sec Horn to starboard  
G “1” Fl G 4s Gong, ENE of Montauk Point to port  
RW “A” MoA WHIS, SE of Block Island to port  
Buzzards Bay Tower Fl 2.5 sec Horn to port  
G “1” Fl G 4s Gong, ENE of Montauk Point to starboard  
Finish – off Ida Lewis Yacht Club Approx. Distance 170 nm

### **8.2 Course 2 – Block Island Course**

Start – East Passage Narragansett Bay, south of Rose Island  
RW “NB” MoA WHIS, ENE of Point Judith to port  
Buzzards Bay Tower Fl 2.5 sec Horn to starboard  
G “1” Fl G 4s Gong, ENE of Montauk Point to port  
RW “A” MoA WHIS, SE of Block Island to port  
"Buzzards Bay Tower" Fl 2.5 sec Horn to port  
RW “A” MoA WHIS, SE of Block Island to starboard  
Finish – Off Ida Lewis Yacht Club Approx. Distance 150 nm

### **8.3 Course 3 – Nomans Course**

Start – East Passage Narragansett Bay, south of Rose Island  
RW “NB” MoA WHIS, ENE of Point Judith to port  
"Buzzards Bay Tower" Fl 2.5 sec Horn to starboard  
G “1” Fl G 4s Gong, ENE of Montauk Point to port  
RW “A” MoA WHIS, SE of Block Island to port  
"Buzzards Bay Tower" Fl 2.5 sec Horn to port  
R “2” QR Whistle, Brenton Reef to starboard  
Finish – Off Ida Lewis Yacht Club Approx. Distance 125.nm

### **8.4 Course 4 – Buzzards Bay Tower Course**

Start – East Passage Narragansett Bay, south of Rose Island  
RW “NB” MoA WHIS, ENE of Point Judith to port  
"Buzzards Bay Tower" Fl 2.5 sec Horn to starboard  
G “1” Fl G 4s Gong, ENE of Montauk Point to port  
RW “A” MoA WHIS, SE of Block Island to port  
Finish – Off Ida Lewis Yacht Club Approx. Distance 102 nm

## **9 THE START**

9.1 Friday, August 16:

Warning Signal Double-handed	1230 hours
Warning Signal PHRF	1245 hours
Warning Signal IRC	1300 hours

9.2 Races will be started in accordance with RRS 26.

9.3 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.

9.4 Boats shall keep clear of the starting area unless starting.

9.5 Any boat not starting within **15** minutes of the last starting signal of the day shall be scored DNS. This modifies RRS A4.2.

9.6 The Race Committee may hail boats starting prematurely on VHF Ch 779A, but failure to do so is not grounds for redress. This amends RRS 29.1 and 41.

9.7 A boat that starts after its warning but before its starting signal and does not return shall have one (1) hour added to her elapsed time.

## **10 THE FINISH**

10.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell off Goat Island and a staff flying an Orange flag at the north end of the deck at Ida Lewis Yacht Club. A yellow inflatable buoy will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W. This buoy, which shall be left to starboard when finishing, is a mark of the course but not part of the Finish Line. It is intended to provide a rough approximation of the angle of the finish line. The Orange flag will be illuminated at night.

10.2 Boats approaching the finish, when they are abeam of Castle Hill Light, shall call the Race Committee on VHF Ch 79A or via telephone (401) 846-1969 ext 4) and report their boat name, sail number and time. If reporting by telephone, information may be left on the race answering machine.

10.3 At night, boats shall illuminate their sail numbers when approaching the finish line.

10.4 Boats shall take their own finish time and report this to Race Committee at Ida Lewis Yacht Club within **ONE** (1) hour after finishing.

10.5 Boats complete and sign a declaration that they have sailed the race in accordance with the Rules. The completed declaration may be presented to the Race Committee on the RC mark boat after finishing or delivered to the Race Committee at the Finish Line Desk on the deck on the north side of the Ida Lewis Yacht Club within ONE (1) hour after finishing.

## **11 PENALTY SYSTEM**

11. RRS 44.3, Scoring Penalty, shall apply.

## **12 TIME LIMIT**

The time limit for all boats is 1800 hours on Saturday, August 17, 2013.

## **13 RENDERING ASSISTANCE**

13.1 Attention is drawn to the responsibility imposed by good seamanship and RRS 1.1 (Helping Those in Danger).

- 13.2 At the discretion of the Race Committee, an elapsed time credit will be given to a boat rendering assistance to, or standing by, a vessel in distress. To receive such credit, within one (1) hour of finishing, the skipper of the boat rendering assistance must submit a written statement to the Race Committee detailing the location, time spent and extra distance traveled, if any.

#### **14 PROTESTS**

- 14.1 Boats intending to file a protest shall inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 79A or calling the race office at (401) 846-1969, ext. 4 until acknowledged
- 14.2 Protests must be submitted in writing to the Race Committee at Ida Lewis Yacht Club within one (1) hour of finishing. Protest forms will be available at the Race Committee Finish Line Staff located on the deck on the north side of the Ida Lewis Yacht Club.
- 14.3 The Protest Committee anticipates that it will begin hearing protests at 1500 on Saturday, August 17, 2013
- 14.4 The Jury may apply a penalty other than disqualification for breaking a Rule other than one of Part 2 of the Racing Rules.

#### **15 SCORING**

- 15.1 IRC: Time allowances for IRC boats will be calculated using the boat's TCC on a Time-on-Time (TOT) basis.
- 15.2 PHRF: Time allowances for PHRF boats will be in seconds per mile as provided by PHRF-Narragansett Bay.
- 15.3 Multihulls: Time allowances for Multihull boat will be Time on Time as provided by NEMA.

#### **16 GOVERNMENT BUOYS**

Government buoys, when not specified as part of the course, have no required side except for safe navigation.

#### **17. ADVERTISING**

- 17.1 Advertising shall be in accordance with ISAF regulation 20.
- 17.2 Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- 17.3 Advertising for tobacco products are restricted.
- 17.4 Advertising that conflicts with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

#### **17 PRIZES**

- 17.1 Prizes will be awarded on Saturday, August 17, at 1950 hours at Ida Lewis Yacht Club.
- 17.2 The following prizes will be awarded:
- A. The Russell L. Hoyt Memorial Trophy for the IRC Division Best Elapsed Time;
  - B. The Lois J. Muessel Memorial Trophy for the PHRF Division Best Elapsed Time;
  - C. The Commodore's Trophy for the IRC Division Corrected First Place D.
  - D. The Lime Rock Trophy for the PHRF Division Corrected First Place
  - E. Double-Handed Division.

- F. The Arent H. Kits van Heyningen Trophy for the Youth Challenge.
- G. Cruising Spinnaker Division Trophy for Corrected First Place.
- H. Multihull Division

**18 NOTES**

- 18.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.
- 18.2 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.
- 18.3 Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.
- 18.4 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
- 18.5 In an emergency, if there is no one on duty at (401) 846-1969 ext. 4, competitors are requested to call (214) 244-4955.

**19 SPECIAL LIMITATIONS and REQUIREMENTS**

- 19.1 All yachts shall carry, mount, and keep turned on while racing, a Kattack transponder provided by the Organizing Authority. Transponders shall be mounted on a stanchion in a location exposed to the sky and aft of the steering station. The transponder must be returned to the Race Committee after finishing. A participant not returning the transponder by the end of the race time limit or two hours after finishing, whichever is later may be scored DNF without a hearing. This changes RRS 63.1.
- 19.2 Protests alleging infringement of SI paragraphs 10 and 19 shall only be initiated by the Ida Lewis Long Distance Race Organizing Authority. This changes RRS 60.1

**Ida Lewis Yacht Club  
Commodore Roberta M. Benjamin**

**Ida Lewis Yacht Club  
Race Committee Chair  
John Horton**

**Ida Lewis Distance Race Chair  
Simon Davidson**

**Principal Race Officer  
Peter Gerard**

**Chief Judge  
Ron Hopkins**