

Sailing Instructions

The Organizing Authority (OA) comprised of Lake Winnepesaukee Sailing Association (LWSA) in conjunction with the International J/80 Class Association (IJCA) and co-hosts Winnepesaukee Yacht Club and Fay's Boat Yard

2019

J/80 North American Championship Regatta

1. Rules

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), including the complete US Sailing Prescriptions except when altered and noted in the Notice of Race (NOR) or these Sailing Instructions (SIs).
- 1.2 The International J/80 Class Rules shall apply.
- 1.3 Support Vessels – RRS 41 shall apply from the time a boat leaves her mooring or slip for the first race of each day and until she returns to her mooring after racing. If RC displays Race Signal AP over H, RRS 41 restrictions are suspended until she leaves her mooring or slip again. This changes the preamble to Part 4 rules.
- 1.4 RRS 61.1(a) will be changed so that the red flag displayed by a protesting boat shall have a hoist of not less than 150mm and a fly of not less than 200mm.
- 1.5 RRS Appendix V (Alternative Penalties) will apply.
- 1.6 [NP] Bow numbers will be assigned to each boat and will also be used as identification for the boat during the regatta. Bow numbers shall be applied in accordance with the instructions supplied and shall remain affixed until after a boat hauls out at the end of the regatta.
- 1.7 In accordance with RRS G3, a boat chartered or loaned for this event may carry national letters or a sail number in contravention of the class rules.
- 1.8 If there is a conflict between languages, the English text will take precedence.
- 1.9 The protest committee may impose penalties less than disqualification (DPI), for violation of the Class Rules and racing rules other than those of RRS Part 1 and RRS Part 2. This changes RRS 64.1.
- 1.10 The notation [NP] in a rule in the SI means that a boat may not protest another boat for a breach of this rule. This changes RRS 60.1(a).
- 1.11 All boats participating in the regatta are required to carry a working VHF radio.
- 1.12 Appendix T regarding arbitration will apply.

2. Notices to Competitors

- 2.1 Notice to competitors will be posted on the official notice board on the event website using yachtscore.com: <https://yachtscore.com/emenu.cfm?eID=6115>
- 2.2 Any questions about these sailing instructions shall be submitted in writing to the race committee PRO. The question(s) and any answers will be posted on the official notice board as soon as possible.

3. Changes to the Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted before 0900 Friday, Saturday or Sunday September 20th to September 22nd

4. Signals Made Ashore

- 4.1 Signals made ashore will be displayed at the WYC main flag pole.

- 4.2 When AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes'. This changes RRS Race Signals
- 4.3 Flag B (Bravo) when displayed ashore with one sound signal means 60 minutes before the end of the protest time limit. When lowered with one sound signal means "Protest time has ended" This changes RRS Race Signals.

5. Schedule and Other Events

- 5.1 The race committee intends to run as many races as practicable on each day of racing with a maximum of ten (10) races.

5.2 Program and Schedule of Events

Wednesday, September 18

1000 to 1600 Launching at Fay's Boat Yard
Check-in, Crew Weigh-in and Sail Measurement at WYC

Thursday, September 19

1000 to 1600 Launching at Fay's Boat Yard
Check-in, Crew Weigh-in and Sail Measurement at WYC
1630 Start of Practice Race (see area of practice race in attachment C)
1830 Welcome Get Together, Skippers' Meeting, and J/Jam Chili at WYC

Friday, September 20

0930 Harbor Start
1030 Warning Signal for first race
1800 Steak Tips at the WYC (BYOB with Steak Tips dinner)

Saturday, September 21

0930 Harbor Start
1000 Warning Signal for first race
1800 Lobster Dinner at the WYC (BYOB with Lobster dinner)

Sunday, September 22

0900 Harbor Start
1000 Warning Signal for first race
1400 No warning signal after this time
1530 Awards ceremony at Fays boatyard immediately following haul out.

6. Class Flag

- 6.1 The J/80 Class Flag (Blue Insignia on a white background) or numeral pennant 1 shall be used in accordance with RRS 26

7. Race Area

- 7.1 Racing will take place in the area called "the broads" between Welch and Rattlesnake Islands and east of Glendale see attachment C for visual description.

8. Courses

- 8.1 No later than the warning signal, the RC signal boat will display the course, approximate compass bearing and distance of the first leg.

- 8.2 The course to be sailed will be:

Course 4:

Start-1-1a-Gate(2S/2P)-1-1a- Finish (Downwind)

Course 5:

Start-1-1a-Gate(2S/2P)-1-1a- Gate(2S/2P) -Finish (Upwind)
(See Attachment A for diagram)

- 8.3 Marks 1 and 1a shall be rounded to port. Mark 1a is an offset mark. The offset mark will be placed to the left of the weather mark (looking upwind) at approximately a right angle to the weather leg and approximately 4 - 6 boat lengths to port of Mark 1.
- 8.4 Mark 2 will be a gate consisting of two marks (mark 2P and mark 2S). If the gate is not present, a single mark 2 shall be rounded to port. Except when there is a change of course, the gate will be positioned approximately to windward of the RC signal boat at a distance to the discretion of the RC. The gate may be laid after the starting signal.
- 8.5 Except for when there is a change of course, the finish for course 5 will be to windward of Mark 1.
- 8.6 Except for when there is a change of course, the finish for course 4 will be to downwind of the Gate (2S/2P).
- 8.7 The RC will broadcast the course, bearing and distance information before the warning signal. Failure to broadcast or to receive this notification shall not constitute grounds for granting redress. This changes RRS 62.1(a).
- 8.8 No 5-leg course will be shortened to less than four legs in length, and no 4-leg course will be shortened to less than three legs in length. For purpose of this SI only, the distance between mark 1 and the offset mark will not be regarded as a leg of the course. This changes RRS 33.

9 MARKS

- 9.1 Mark 1, will be a Yellow tetrahedron. Mark 1a will be a red ball, Mark 2s/2p will be Orange cylinders
- 9.2 New marks as provided in SI 12, will be:
Mark 1 – orange cylinder
Gate (2P) - green tetrahedron (a single mark)
- 9.3 The starting marks will be one (1) RC vessel and a nearby yellow inflatable mark..
- 9.4 The finishing marks will be one (1) RC vessel and a nearby inflatable mark.

10 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions: NONE.

11 THE START – RRS 26

- 11.1 RC signal vessel will display flag L (LIMA) with one sound as it departs the harbor.
- 11.2 The starting line will be between a staff displaying an orange flag on the RC signal vessel and the course side of an inflatable mark.
- 11.3 A boat starting later than six (6) minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.
- 11.4 The RC will broadcast twice the bow/sail numbers of all boats observed to be OCS at the start; it will not alter the list based on a boat's actions subsequent to the start. Failure to broadcast, or to hear broadcast shall not be grounds for granting redress. This changes RRS 62.1(b).

12. CHANGE OF THE NEXT LEG OF THE COURSE – RRS 33

- 12.1** To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2** There will be no Mark 1a when there is a windward mark change.
- 12.3** There will be no Gate (2S/2P) when there is a leeward mark change. A single leeward mark (2P) will replace the gate.

13 THE FINISH

- 13.1** The finishing line will be between a staff displaying an orange flag on the finishing line vessel and the course side of an inflatable mark.
- 13.2** If the RC intends to start another race on the same day, it will display the flag Second Substitute (with no sound) while boats are finishing. This changes RRS Race Signals.

14 PENALTY SYSTEM

- 14.1** RRS Appendix V (ALTERNATIVE PENALTIES) will apply.

15 TIME LIMITS AND TARGET TIMES

- 15.1** The target time for races is 65 to 85 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 15.2** Boats still racing more than 35 minutes after the first boat to sail the course in accordance with RRS 28.1 finishes will be scored TLE (Time Limit Expired) without a hearing. A "TLE" score shall be two more points than the number of boats that have finished within the time limit. This changes rules 35, 63.1, A4 and A5. The RC will announce on the radio when the finishing window is closed.

16 PROTESTS AND REQUESTS FOR REDRESS

- 16.1** Protest forms are available at WYC. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2** The protest time limit is 60 minutes after flag B (BRAVO) is hoisted ashore – SI 4.3. This will be hoisted as soon as practical as the boats return to the harbor at the discretion of the RC. The RC will post the end of the protest time limit on the official notice board at or before the hoisting of flag B.
- 16.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, in the basement area of the WYC, beginning at the time posted.
- 16.4** Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under rule 61.1(b).
- 16.8** On the last scheduled day of racing a request for redress based on a PC decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

17 SCORING

- 17.1** Three (3) races are required to be completed to constitute a series.
- 17.2** When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores. This modifies rule Appendix A2.
- 17.3** When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18 SAFETY REGULATIONS

18.1 A boat that retires from a race, leaves or returns to the racing area between races shall notify the RC as soon as possible.

18.2 Before the warning signal of the first race each day, each boat shall sail on starboard tack past the stern of the race committee signal boat displaying flag L (LIMA) and hail her bow number until acknowledged by the race committee by repeating the boat's bow number.

19 REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors not declared at registration will not be allowed without prior written approval of the Race Committee.

19.2 Substitution of damaged or lost equipment will not be allowed unless authorized by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

19.3 The number of crew shall not change during the regatta.

20 EQUIPMENT AND MEASUREMENT CHECKS

20.1 On the water, a boat can be instructed by a member of the race committee or the technical committee to proceed immediately to a designated area for inspection. Ashore, equipment may be inspected or measured at times specified in the class rules, the notice of race.

21 ADVERTISING, BOW NUMBERS, IDENTIFICATION/EVENT STICKERS

21.1 Boats shall display bow numbers and event bow/boom stickers during the event as provided by the OA and shall be attached to both sides of the boat's hull/boom at all times while racing. The instructions as to position will be supplied by the OA at registration. It is the responsibility of the crew to ensure the numbers and stickers remain on the boat and obtain replacements as necessary. Placement instructions will be provided at registration.

23 SUPPORT VESSELS

23.1 Support vessels shall register at the registration desk.

23.2 Support vessels shall be marked by a yellow pennant and remain no less than 150m from the race course from the Preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

23.3 Failure of a support vessel to register, SI 23.1, or a breach of SI 23.2 by the boats associated with the support vessel may subject to protest. The penalty applied to the boat or boats associated with the support vessel shall be at the discretion of the PC and may not be excluded from their score. This modifies RRS 64.1(c) and A2.

23.4 Support vessels shall carry a VHF radio tuned to the race committee VHF channel 71.

23.5 Support vessel drivers shall have valid third-party liability insurance or the equivalent and provide proof upon request by the RC/OA.

24 TRASH DISPOSAL

Boats shall not put trash in the water.

25 HAUL-OUT RESTRICTIONS AND OTHER RESTRICTIONS – See NOR 14.

26 DIVING EQUIPMENT AND PLASTIC POOLS

26.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used between the time the boat is to be afloat and the end of the regatta. The hull may be cleaned at any time by swimming or keelhauling using ropes or cloth.

27 RADIO COMMUNICATION

27.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

27.2 The RC will use VHF radio, Channel 71 to communicate to the fleet, including the location of the starting area, countdown to the start, OCS bow/sail numbers, General Recalls and Postponements. Failure to make these broadcasts or failure to include a bow#/sail# or failure to hear them shall not be grounds for granting redress. This changes rule 62.1.

27.3 It is required that each boat has a VHF radio on board capable of receiving channels 9, 16, 68, 71 and 72.

28 PRIZES – See NOR 17

28.1 The OA may award additional prizes at their discretion

29 DISCLAIMER OF LIABILITY -see NOR 19

30 INSURANCE

30.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$300,000 (USD) per event or the equivalent.

31 CAMERAS & ELECTRONIC EQUIPMENT

31.1 Boats may be required to carry cameras, sound equipment or positioning equipment as provided and specified by the OA.

32 MEDIA RIGHTS -see NOR 20

33 CODE OF CONDUCT-see NOR 18

34 RACE OFFICIALS

Regatta Chair:	David Stowe	davidstow@lwsa.org	cell phone 603-581-8569
PRO:	Carter White	carter@youregatta.com	cell phone 207-671-7750
Protest Committee:	Amy Ferriera	amy.d.ferreira@gmail.com	cell phone 508-542-7893

Attachment A
Course 4 and Course 5

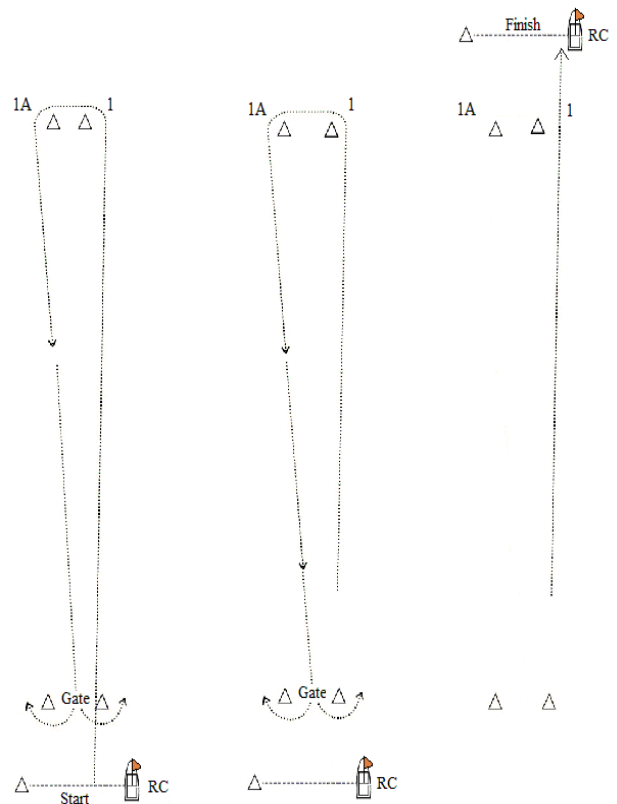
COURSE 4



Start – 1 – 1A – Gate – 1 – 1A – Finish

Start – Finish may be between either the RC boat displaying an orange flag and a nearby mark
or
between two RC boats each displaying an orange flag.

COURSE 5



Start – 1 – 1A – Gate – 1 – 1A – Gate - Finish

Start – Finish may be between either the RC boat displaying an orange flag and a nearby mark
or
between two RC boats each displaying an orange flag.

Attachment C
Racing Area & WYC and Fay's Boat Yard Locations

