



J/109 North American Championship
Larchmont Yacht Club
 October 11-14, 2018



Sailing Instructions

1 RULES

- 1.1 This regatta will be governed by the rules as defined in the [2017- 2020 Racing Rules of Sailing \(RRS\)](#).
- 1.2 The regatta is designated by the J/109 Executive Board as a “weight limited” event. [J/109 Class Association Rules \(CR\)](#) 6.2 will apply and [CR](#) 6.1 will not. NoR 5 provides additional requirements for crew weight and associated crew declarations.
- 1.3 [US Sailing Prescriptions Appendix V1](#), Alternative Penalties, Penalty at the Time of an Incident will apply.
- 1.4 [Appendix T](#), Arbitration, will apply as changed: At the end of T4, Arbitration Meeting Outcomes, add: (c) If a protest is not withdrawn after arbitration, the arbitrator will not be a member of the jury that hears that protest but will be permitted to observe the testimony presented and offer evidence. This changes [RRS](#) 63.3(a).
- 1.5 Each boat shall carry a VHF radio capable of receiving and transmitting on all standard VHF channels. The Regatta VHF channel will be 05A

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on the Veranda of the clubhouse.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted by 0800 of the day it will take effect, except that any change to the schedule of races will be posted by 1800 or the end of protest time, whichever is later on the day before it will take effect.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the flagpole on the front lawn of the Larchmont YC.
- 4.2 When flag “AP” is displayed ashore with two sound signals, the harbor start is postponed. When flag “AP” is lowered ashore, “1 minute” is replaced with “not less than 90 minutes”.

5 SCHEDULE OF RACES

Day & Date	Time	Activity
Weds, Oct 10	0900-1900	Check-in, crew weigh in
	0930-1900	Boat measurement
	1000-1800	North U Clinic
Thurs, Oct 11	0800-0930	Check-in, crew weigh in continued
Thurs-Sun, Oct 11-14	1100	First Warning Signal
Sun, Oct 14	1430	No Warning Signal after this time
	After Racing	Awards Ceremony

6 RACING AREA

The racing area will be in Western Long Island Sound to the south and east of Larchmont Harbor.

7 THE COURSES

- 7.1 The race committee will signal one of four courses (4, 5, 6 or T) along with the approximate bearing to the windward mark.
- 7.2 An offset mark will be set at the windward mark and except for course T, the leeward mark will be a gate. If no gate is set, round the leeward mark to port. (See course diagrams).

8 MARKS

- 8.1 The finish and windward marks will be orange tetrahedrons.
- 8.2 The offset mark will be an orange ball.
- 8.3 The gate marks will be yellow tetrahedrons.
- 8.4 A change mark will be a yellow tetrahedron. In the event of a subsequent change, an original mark will be used.

9 THE START

The starting line will be between a staff displaying an orange flag on the signal boat and a staff displaying an orange flag on an official boat at the port end.

10 RECALLS

- 10.1 The race committee will attempt to hail boats OCS over the regatta VHF channel. Either sail numbers or bow numbers will be used to identify boats OCS and the Race Committee will identify which numbers they are using for a given boat.
- 10.2 The timing and order of such hails or failure of a boat to hear a hail shall not be grounds for granting redress. This changes [RRS](#) 60.1(b) and 62.1(a).

11 CHANGE OF NEXT LEG OF THE COURSE

- 11.1 A change of the next leg of the course will be signaled in accordance with [RRS](#) 33.
- 11.2 The Race Committee will endeavor to broadcast course changes over the regatta VHF channel.

12 THE FINISH

The finishing line will be between a staff displaying a yellow flag on the finishing boat and the course side of the finish mark.

13 PENALTY SYSTEM

[Appendix V1](#) will apply.

14 TIME LIMIT

- 14.1 The time limit for the first boat to sail the course and finish is three hours.
- 14.2 Boats finishing later than thirty minutes after the first boat sails the course and finishes will be scored TLE. This changes [RRS](#) 35.

15 PROTESTS

- 15.1 A boat intending to protest is requested to notify the race committee of its intention after completing the race in question and identify the protested boat or boats.
- 15.2 Protest forms will be available at the front desk of the clubhouse.
- 15.3 Completed protest forms shall be delivered to the protest desk located on the second floor hallway within the protest time limit which will be one hour after the signal boat docks.
- 15.4 The protest time limit and a list of protests filed will be posted promptly to inform competitors of hearings in which they are parties.
- 15.5 Protest hearings will be held on the second floor of the clubhouse.
- 15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes [RRS 62.2](#).

16 ARBITRATION

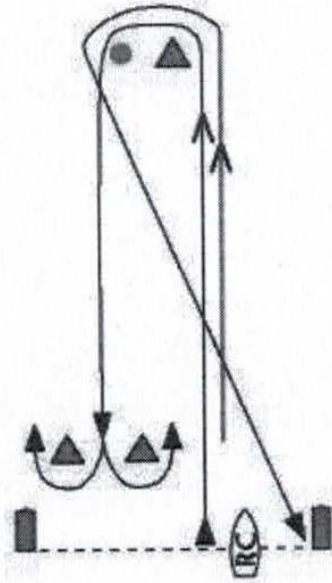
[Appendix T](#) as amended will apply.

17 SCORING

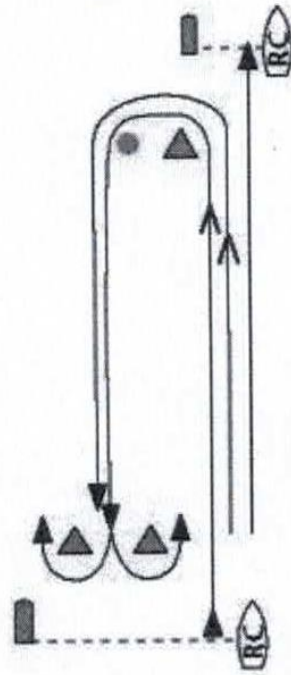
- 17.1 A maximum of 10 races is scheduled. Three completed races will constitute a series.
- 17.2 A boat's series score will be the total of her race scores.
- 17.3 A boat scored TLE will receive points equal to the number of finishers plus two, but will not be scored worse than DNF.

Attachment 1 – Course Diagrams

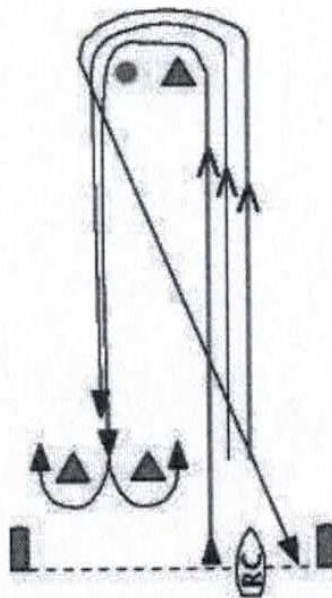
Course 4



Course 5



Course 6



Course T

