

2010 AROUND LONG ISLAND REGATTA
Thursday, July 29th – Sunday, August 1st, 2010

SAILING INSTRUCTIONS

Version 1 - May 6, 2010

MANAGEMENT

The race is managed by the Around Long Island Regatta Committee of the Sea Cliff Yacht Club (ALIR). The ALIR Race Committee shall have the authority to interpret the rules and conditions of the race.

RULES

The race will be governed by The Racing Rules of Sailing 2009-2012 (RRS) and the prescriptions of the US Sailing Association (US Sailing). RRS 51, "Movable Ballast," will have the words "A canting keel may be used" added and RRS 52, "Manual Power" will have the words "The mechanism to cant the keel may be powered by other than manual power" added. For PHRF boats the Performance Handicap Racing Fleet (PHRF) Regulations of the Yacht Racing Association of Long Island Sound (YRA of LIS) shall apply. For IRC boats the 2010 IRC Handicap Rule, Parts 1, 2 and 3 shall apply and for Multihulls the New England Multihull Association (NEMA) By-Laws shall apply except as any of these are altered by these Sailing Instructions. For non-spinnaker boats, the PHRF Regulations are supplemented by the YRA of LIS Non-Spinnaker Regulations (see YRA of LIS "Handicap Racing Program" and/or <http://www.yralis.org>). Boats racing in the junior division must also comply with the rules, equipment and safety recommendations as described in the rules for PHRF events (Rule 9) of the Junior Sailing Association of Long Island Sound (www.jsalis.org). A boat's crew weight will be limited to that specified on its rating certificate (PHRF or IRC).

For boats in the double-handed division, the following will apply:

- Crew is limited to 2 persons; one person must be at least 18 years old.
- Wind vanes and /or autopilots may be used without penalty.
- Safety lines (jack lines) will be well secured at each end and on each side of the boat and rigged throughout the race.
- Double-handed division boats are permitted to utilize radio communication among vessels in the division while racing.

EQUIPMENT

The "Minimum Equipment Recommendations" of the YRA of LIS for category "A" races will apply for all boats.

ELIGIBILITY

The race is open to monohull and multihull boats of at least 24 feet in overall length. Each monohull boat shall hold a valid PHRF or IRC Measurement Certificate (or both). A PHRF "Guest" rating will be assigned by YRA-LIS using the data sheet available at the YRA-LIS website. A multihull boat must hold a valid NEMA Measurement Certificate.

NOTICES TO COMPETITORS

Notices to competitors will be read on VHF Channel 69 near the start line at 1630 hours on July 29, 2010. Changes to the Sailing Instructions will NOT be read on VHF Channel 69. Notices to Competitors and changes to the Sailing Instructions will be posted on the Official Notice Board outside of the Regatta Room at Sea Cliff Yacht Club no later than 0900 hours on Thursday, July 29, 2010 and posted to the YachtScoring page (<http://www.yachtscoring.com/emenu.cfm?elD=325>).

SKIPPER & CREW MEETING

There will be a Skippers & Crew Meeting at the Sheepshead Bay Yacht Club, Brooklyn, NY on Wednesday, July 28, 2010 commencing at 2000 hours. Copies of these Sailing Instructions & Scratch Sheets will be available. ALIR Committee persons will be available to answer all questions about sailing the ALIR.

DIVISIONS

Each boat will be assigned to an appropriate division. Monohull (spinnaker and non-spinnaker) and multihull boats will be assigned their own divisions. Boats submitting only an IRC Measurement Certificate (without a PHRF certificate) will be assigned to start in a PHRF division and score for only IRC trophies. Division assignments, ratings and time allowances will be established in the Scratch Sheet. Scratch Sheets will be available for pickup at the Skipper and Crew Meeting on Wednesday, July 28, 2010 and on the web at <http://www.yachtscoring.com/emenu.cfm?eID=325>. They will be emailed to competitors only upon request. Scratch Sheets will NOT be available from the Race Committee boat but, *conditions permitting*, may be available from a RC support boat flying a Red RC Flag.

TEAMS

A team is made up of three boats. A boat may only be entered as a member of one (1) team. A team shall be registered on the Team Entry Form. There is no additional entry fee for team participation. Team Entry Forms are available on the web at <http://www.yachtscoring.com/emenu.cfm?eID=325>. Team Entry Forms should be submitted by mail or by fax to 516-676-2509 prior to 1300 hours on July 29, 2010.

COURSE

The course is from the starting line approximately 4.8 nm southeast of the light at the end of Rockaway Point, NY, leaving Montauk Point and the Orient Point Lighthouse to port, to the finish line off the Glen Cove Breakwater. All government marks and station buoys may be disregarded at the discretion of the Master of each boat.

CHECK-IN

All boats shall hail the Race Committee on VHF channel 69 in order to "check-in" prior to 1645 hours on July 29, 2010. Please state your sail number and boat name.

COMMUNICATIONS

All vessels must be equipped with an operating VHF radio.

Any boat that withdraws from the race after the start shall attempt to notify the Race Committee by telephone (516-674-4320).

For communication while rounding Montauk Point Light please see "Montauk Rounding." The Race Committee may permit one or more of the participating boats to serve as a public broadcasting station during the race.

Boats not finishing by 1200 hours on Sunday, August 1, 2010 shall call the Regatta Desk by telephone (516-674-4320) and provide their location. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIRs AND/OR OTHER SANCTIONED REGATTAS. VESSEL'S MASTER/OWNER MAY ALSO BE SUBJECT TO SIGNIFICANT FEDERAL AND LOCAL PENALTIES AND FEES.

INSPECTION

It is the responsibility of the owner and/or Master of each boat to see that his/her boat is seaworthy in all respects and that she is manned by a competent crew. The Race Committee reserves the right to inspect any boat before or after the race and to reject the entry or disqualify any boat violating the letter or spirit of this requirement.

IDENTIFICATION

In addition to the required sail number, each boat shall fly from her backstay the International Numeral Code Flag(s) (1,2, 3 etc) corresponding to the division in which the boat is racing.

SAIL NUMBERS

All boats must have sail numbers. Temporary tape numbers are acceptable, however they must be applied to all sails as defined in Appendix G of the RRS.

CREW

All boats shall carry a crew of a minimum of four (4) persons, except participants in the double handed division shall have a crew of two.

THE START

The race will be started using the starting system shown here with multiple divisions starting as a group. Divisions and groups will be established on the Scratch Sheet. If there is a conflict between a boat's PHRF division starting time and it's IRC division starting time then the PHRF division starting time will take precedent.

Groups will be started 15 minutes apart. The International Numeral Code Flag(s) for the divisions starting (i.e. divisions 1, 2, 3, etc) will be hoisted at the warning signal for the group. The warning signal for the first group is scheduled for 1700 hours, the warning signal for the second group is scheduled for 1715 hours, etc. This modifies RRS 26.

Warning	Division flags (1, 2, 3 etc) raised (removed at the start), and 1 sound signal 5 minutes before the start
Preparatory	"P" flag raised (removed 1 minute before the start), and 1 sound signal 4 minutes before the start,
One Minute Before Start	"P" flag removed with 1 long sound signal
Start	Division flags removed, 1 sound signal at the start

There will be ten minutes between the start of one group and the Warning signal of the next.

STARTING LINE AND STARTING

The starting line will be between an orange mark and a white flag on the Committee Boat, which will fly a Sea Cliff Yacht Club burgee and a blue Race Committee flag. It will be positioned approximately 4.8 nm southeast of the light at the end of Rockaway Point, NY. The Race Committee may place a "Starting Limit" mark in the vicinity of the Committee Boat. No boat shall pass between the "Starting Limit" mark and the Committee Boat. The "Starting Limit" mark shall be left to starboard.

POSTPONEMENTS

Any postponement of the start will be for five (5) minutes or multiples thereof and will be signaled by flag "AP" (the Answering Pennant) and two (2) sound signals. All divisions not started are postponed. The flag "AP" will be lowered with one (1) sound signal one (1) minute prior to the hoisting of the new warning signal for the next division. The original sequence of starting groups will be maintained.

RECALLS

After an individual recall, the Race Committee will promptly display code flag "X", accompanied by one (1) sound signal. The Race Committee may attempt to hail recalled boats on VHF channel 72, but IT IS THE RESPONSIBILITY OF EACH BOAT TO MAKE A PROPER START. A General Recall of a group will be signaled by the code flag First Substitute and two (2) guns. The new preparatory signal for the recalled group will be made one (1) minute after the lowering of the First Substitute with one (1) sound signal.

CANCELLATION AND ABANDONMENT

If the race is canceled prior to the start, in addition to the standard signal, the Race Committee shall announce the cancellation on VHF Channel 69. If the race is abandoned after the start of any group, the Race Committee shall announce the abandonment on VHF Channel 16. (Modifies RRS 32.)

MONTAUK ROUNDING AND APPROACHING THE FINISH

As soon as possible after Montauk Point Light bears 270° magnetic, each boat is requested to report her "rounding time" by calling the Regatta Desk via cellular telephone (516-674-4320) or marine operator (VHF Channel 24, 25, or 26). If the telephone transmission is not clear, please call again at a later time to confirm that the rounding time has been recorded properly. A boat shall give her name, sail number, division, and "rounding time."

As soon as possible after passing Mid-Sound buoy "32A" located between Oyster Bay and Stamford, each boat is requested to report her "passing time" by calling the Regatta Desk (see above).

FINISH LINE AND FINISHING

The finish line will be between a white flag on the Committee Boat and the light on the WEST end of the Glen Cove Breakwater. Please note that the Glen Cove Breakwater extends about 25 FEET WEST of the light at its end. The Committee Boat shall display a Sea Cliff Yacht Club burgee and a blue Race Committee Flag.

When approaching the finish line, it is requested that a boat flash a light on her sail numbers (if dark) to assure that the boat's identity has been properly established. In the event that the Committee Boat is not on station, upon finishing, boats are requested to notify the Race Committee of their finishing time (when the Glen Cove Breakwater bears 90° magnetic) by telephone (516-674-4320).

WITHDRAWAL

Any boat withdrawing from the race shall notify the Race Committee by telephone (516-674-4320) as soon as possible. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIR AND/OR OTHER SANCTIONED REGATTAS.

PROTESTS

Protests shall be delivered to the Regatta Desk at the Sea Cliff Yacht Club no later than two (2) hours after the finish time of the protesting boat. Protests shall be heard, if possible, at the Sea Cliff Yacht Club beginning at 1100 hours on Sunday, August 1, 2010. A list of protests received will be posted on the Official Notice Board and may be posted online at <http://www.yachtscoring.com/emenu.cfm?eID=325>. After finishing, a boat may call the Regatta Desk by telephone (516-674-4320) to obtain a list of protests received. This list of protests will constitute "Notification" as described in RRS 63.2.

ALTERNATIVE PENALTIES

The Protest Committee may apply a penalty of one (1) hour added to the elapsed time of a boat in lieu of disqualification for infringement of RRS 29 or 31, a RRS of Part 2 not involving damage to another boat or an infringement of Sailing Instruction – Starting Line and Starting.

TIME ALLOWANCES

PHRF time allowances will be based on a course of 190 nautical miles in length. The YRA of LIS Distance Rating (PHRF) will be used. IRC time allowances will be calculated from US Sailing issued IRC ratings using time-on-time. Multihull time allowances will be according to the NEMA By-Laws and a course of 190 nautical miles.

SCORING AND PRIZES

The AROUND LONG ISLAND REGATTA TROPHY shall be awarded to the boat with the best corrected time in the PHRF fleet (time on distance).

The JOHN B. THOMPSON, JR. TROPHY will be awarded to the boat with the best corrected time in the IRC fleet.

The WESLEY L. BAILEY TROPHY will be presented to the Yacht Club with the most boats finishing the race. A boat may designate its Yacht Club on the Entry Form.

The JACK TAR TROPHY will be presented to the Chief of the foredeck crew of the AROUND LONG ISLAND REGATTA TROPHY winner.

The HERO TROPHY will be presented at the discretion of the Race Committee.

The OUR LADY TROPHY will be presented to the Sea Cliff Yacht Club boat with the best performance in her division (1st, 2nd, 3rd etc.).

The GEOFFREY A. BAKER TROPHY will be presented to the Sea Cliff Yacht Club boat with the best corrected time.

The JACK SUSSI ACADEMY TROPHY will be awarded to the collegiate boat with the best performance in the judgment of the Race Committee.

FIRST TO FINISH TROPHIES will be awarded to the boats (monohull & multihull) which are first to finish.

IRC FLEET TROPHIES will be awarded to the top three boats in the IRC fleet.

FLEET TROPHIES will be awarded to the top three finishers in both the PHRF fleet and PHRF non-spinnaker fleet (time on distance).

DIVISIONAL TROPHIES will be awarded to the top three boats in each division (time on distance).

TEAM TROPHIES will be awarded to the top three teams with the best cumulative division finishes using the Low Point Scoring System, RRS A2 except that each team's total score will be the sum of the scores of all boats on the team.

The E-GAD TROPHY will be awarded to the first Division 1 boat to start properly.

The BOHEMIA TROPHY will be awarded for the best performance by a first time ALIR participant (subject to Deed of Gift wording).

JUNIOR DIVISION TROPHIES will be awarded to the top three boats in the Junior division.

DOUBLE HANDED DIVISION TROPHIES will be awarded to the top three boats in the Double Handed division.

CLASSIC YACHT DIVISION TROPHIES will be awarded to the top three boats in the Classic Yacht division.

AWARDS PRESENTATION & PARTY

Awards will be presented at the Award Celebration Party on Sunday, August 1, 2010 at Sea Cliff Yacht Club. The party will begin at 1400 hrs. The awards presentation will begin at approximately 1700 hrs. Tickets are available in advance at the Regatta Desk or at the door.

WEB SITE

The ALIR Committee may post information regarding the race (i.e. Notice of Regatta & Sailing Instructions, Notices To Competitors, Scratch Sheets, Results, etc.) on its YachtScoring page at:

<http://www.yachtscoring.com/emenu.cfm?eID=325>

AROUND LONG ISLAND REGATTA COMMITTEE

The Sea Cliff Yacht Club, Ltd.

Commodore: James T. Carballal

Vice Commodore: Timothy C. O'Rourke

Rear Commodore: Harvey Bass

ALIR Chairperson: Effie Marie Smith

ALIR Principal Race Officer—PC Dana Schnipper

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