

AMERICAN YACHT CLUB FALL REGATTA SEPTEMBER 20-21 and 27-28, 2008

SAILING INSTRUCTIONS

1 RULES

1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*; the IRC Rules, Parts 1, 2, and 3; the current PHRF Regulations, as administered by the YRA of Long Island Sound (YRALIS); ISAF Regulation 22 as it applies to class rules; and the Minimum Equipment Recommendations of the YRALIS (Category C); except as any of these are changed by the Notice of Race or by the Sailing Instructions.

1.2 The number of crew on a boat shall not exceed by more than one person the limitation specified in the boat's IRC, PHRF or One Design certificate, as applicable, or applicable class rule, provided that crew under the age of 15 shall not be counted for purposes of the limitation on number of crew.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Race Committee Notice Board located on the front porch of the American Yacht Club main Clubhouse and will be broadcast on VHF channels 69 and 71 at 0930 each day.

3 CHANGES IN SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted on the Race Committee Notice Board before 2000 on the day before it will take effect.

4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the main flagpole at American Yacht Club and announced on VHF channels 69 and 71.

4.2 If races are postponed from ashore, the first warning signal will be made not less than 90 minutes after AP is lowered. Races will not be postponed ashore later than 1130.

4.3 If racing for the day is abandoned from ashore, signal flags N over A will be displayed with three sound signals and announced on VHF channels 69 and 71.

5 SCHEDULE OF RACES

5.1 Races are scheduled for September 20, 21, 27 and 28 for all divisions except the Navigator Class. Races for the Navigator Class are scheduled for September 21 and 28 if at least five entries for a division are received.

5.2 The first warning signal on each Course is scheduled to be made at 1055 each day.

5.3 More than one race may be held on any day at the sole discretion of the Race Committee for all divisions except the Navigator Class divisions. The Race Committee will signal its intent to run an additional race by displaying flag R at the finish of a race. When numeral pennants are displayed below flag R, the additional race will be held for those Divisions only. Divisions so signaled should assemble in the vicinity of the downwind end of the course and stay clear of boats that are still racing. The next race for each Division will begin as soon as practicable after the previous race, even though other Divisions may still be racing.

6 DIVISIONS AND DIVISION FLAGS

6.1 Boats will be placed in Divisions (designated by numbers 1, 2, 3 etc.) at the discretion of the Race Committee. Separate Divisions for Level and One Design classes may be established at the discretion of the Race Committee.

6.2 Division flags will be numeral pennants. Each boat shall display the numeral pennant for its Division on its backstay or, in the absence of a backstay, from its stern rail.

6.3 A listing of entrants by Division and Course assignment (East or South of Milton Point) will be available at the Club front desk and the regatta web site, www.AmericanYC.org, at noon on the day before the first race, and from Race Committee support boats in the starting areas.

7 RACING AREA AND VHF CHANNELS FOR EACH AREA

There will be two separate race areas to which Divisions will be assigned – the East Course approximately mid-Sound East of Milton Point (for which the Race Committee will communicate on VHF channel 71) and the South Course approximately mid-Sound South of Milton Point (for which the Race Committee will communicate on VHF channel 69). In addition, on September 21 and 28, the South Course will be the starting area for the Navigator Class Divisions (VHF 69). The approximate position of the starting areas will be announced at approximately 1015 for all Divisions on their respective VHF channels.

8 THE COURSES

8.1 Except for the Navigator Class Divisions, the course for each race will be Windward-Leeward (WL) for a specified number of legs, or Gold Cup (G).

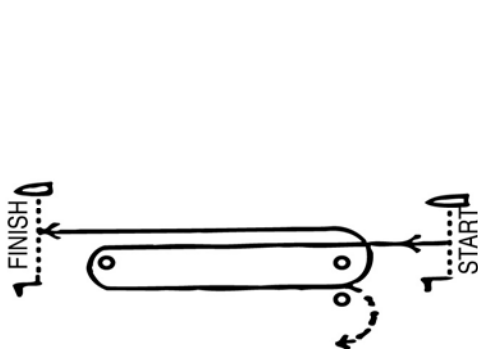
8.2 The Race Committee signal boat will display the magnetic bearing and range, in nautical miles, from the signal boat to the windward mark. It will also display the number of WL legs or G (for Gold Cup) for each Division. This information will also be announced on the race area VHF channel.

Sample course board
(labels will not be displayed)

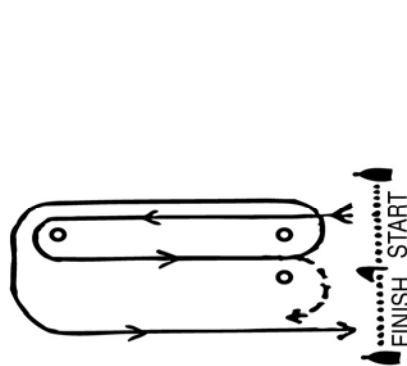
Bearing	Range	Division	Legs
2	2	1	4
3	.5	2	3
0		3	3
		4	G

forward

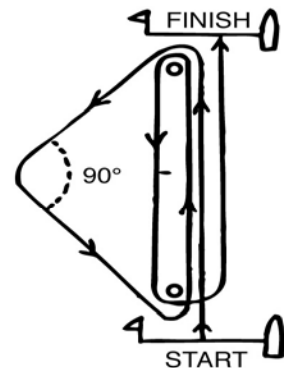
aft



Sample 3 leg WL Course



Sample 4 leg WL Course



Gold Cup Course

- 8.3 The Race Committee, in its discretion, may set a gate as the leeward mark. If the leeward mark is a gate, boats shall pass through the gate from the direction of the previous mark before proceeding onto the next leg of the course.
- 8.4 For the Navigator Class Divisions only, the course will be from the start, around specified government marks, to the finish. The Race Committee signal boat will signal the course, after the last start for all other classes, by letters according to Appendix A to these Sailing Instructions. Marks shall be rounded in the order signaled (top-down) and left on the hand so that the rhumb line to the next mark will not cross the rhumb line from the previous mark.

9 MARKS

Marks will be large inflatables. A new mark replacing an original mark will have a black band. In a subsequent change of course, the black-banded mark will be replaced with an original mark (no black band). Further course changes will follow this pattern.

10 THE START

10.1 Races will be started using rule 26, with the following modification: 5 minutes before the initial warning of the first Division only, flag F will be displayed with 1 sound; 1 minute before the first Division's initial warning, flag F will be removed with 1 horn.

10.2 Divisions may be started in numerical order at five-minute intervals by displaying a Division flag at the start of the preceding Division, in which case the start of the preceding Division shall be the warning for the next Division.

10.3 On the East Course, the starting line for all Divisions will be between an orange flag on the Race Committee signal boat and an inflatable buoy. On the South Course, the starting line for all Divisions will be between an orange flag on the Race Committee signal boat and a start mark with an orange flag on a staff. The Race Committee signal boat may have one or more large inflatables secured to it which shall be considered to be part of the committee boat for the purpose of rule 31.

10.4 Boats whose warning signal has not been made shall keep clear of the starting area.

10.5 A boat that starts later than 20 minutes after her starting signal will be scored DNS.

11 RECALLS

The Race Committee will attempt to identify recalled boats and to broadcast their sail numbers on the race course VHF channel. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress.

12 CHANGE OF COURSE BETWEEN STARTS

If the Race Committee changes the first mark following a postponement during a starting sequence after one or more Divisions have started, the windward mark for Divisions not yet started will be a course change mark in accordance with Sailing Instruction 9.

13 THE FINISH

13.1 The finishing line will be between an orange flag on an official boat displaying a blue flag or shape and the finish mark. If a course is shortened, the finish line will be between a staff displaying flag S on an official boat and a rounding mark or between the gate marks if shortened at a gate.

13.2 For WL Courses with an odd number of legs and Course G, the finishing line will be located approximately 200 yards to windward of the windward mark on the same bearing as the last leg. For WL Courses with an even number of legs, the finishing line will be located approximately 200 yards to leeward of the leeward mark or gate on the same bearing as the last leg and the finishing mark will be on the opposite side of the Race Committee signal boat from the starting mark.

13.3 Boats approaching a windward finishing line to finish may ignore the windward mark. Boats approaching a downwind finishing line to finish may ignore the leeward mark or gate.

13.4 For the Navigator Class – In the event that a Race Committee boat is not on station at the finish, boats shall finish in accordance with the US Sailing Prescription to Rule 34, using GPS time, and make the required report to the Race Committee on VHF channel 69 within one hour of finishing.

14 PENALTY SYSTEM

At the first reasonable opportunity during, or immediately after, the race, a boat that accepted a Two-Turns Penalty shall report that fact to the Race Committee on the race course VHF channel and identify the other boat(s) involved in the incident. This changes rule 44.2.

15 TIME LIMIT

The time limit for the first boat to sail the course and finish in each Division will be 3 hours from the starting time of that Division. Boats failing to finish within 45 minutes after the first boat to finish in their Division will be scored Did Not Finish (DNF) and scored as described in Sailing Instruction 19.6. This changes rules 35 and A4.

16 WITHDRAWAL

Any boat withdrawing before the start or retiring from a race for any reason shall notify the Race Committee at the earliest possible opportunity on the race course VHF channel or by telephone to American Yacht Club (914-967-4800).

17 PROTESTS

17.1 Rule 61.1(a) is changed to require the conspicuous display of a red flag from the backstay, or, in the absence of a backstay, on the stern rail.

17.2 Rule 61.1(a) is changed to include the following notice and procedures: At any time after the incident, up to and including immediately after finishing, a protesting boat shall notify the Race Committee over the race course VHF channel of its intent to lodge a protest. The Race Committee will identify all protests for that race received by the Committee by broadcast over the race course VHF channel. Broadcasts will commence approximately 5 minutes after the first boat has finished and will be repeated at approximate 15-minute intervals until the last boat has finished. These broadcasts constitute the notification of hearing to a protested boat required by rule 61.1.

17.3 Written protests shall be delivered to the Protest Committee desk in the American Yacht Club Clubhouse within one hour of the time that the Race Committee signal boat docks. This time limit will be posted on the official Race Committee Notice Board. A list of protests filed with the Protest Committee will be posted on the official Race Committee Notice Board.

17.4 Protest hearings will be held at American Yacht Club as soon as possible after each day of racing. A protest against a boat whose representative has not announced his intention to appear at the hearing by reporting to the Protest Committee desk in person or by telephone (914-967-4800) within one hour of the expiration of the time limit for filing protests (i.e. two hours after the Race Committee signal boat docks) shall be heard without representation from the protested boat as provided in rule 63.3(b).

17.5 It is the responsibility of the parties to ensure that their witnesses are available when called to testify. If witnesses are not in the vicinity of the protest room when called, they may not be heard.

18 ARBITRATION

18.1 For protests involving a breach of a rule of Part 2, a short arbitration hearing will be held prior to a protest hearing. This changes Part 5, Section B, of the RRS.

18.2 After a written protest form is filed, one representative from each boat will meet with the arbitrator. No witnesses will be allowed. Unresolved arbitration will be referred to the Protest Committee.

18.3 A boat that accepts fault at the arbitration hearing shall receive a penalty score equal to her finish position plus 40% of the number of boats entered (rounding 0.5 upward), except that she shall not be scored worse than DNF.

18.4 Decisions made during arbitration cannot be grounds for redress and cannot be appealed.

18.5 The arbitrator will not be a member of the Jury that hears the protest, but may be permitted to observe the testimony given to the Jury and offer testimony. This changes rule 63.3(a).

19 SCORING

19.1 The Low Point Scoring System of Appendix A will apply, except that if fewer than five races are completed each boat's total score will be the sum of her scores for all races. If five or more races are completed, each boat's worst race will be discarded subject to rule 88.3 (b).

19.2 Multiple races are scheduled, of which one shall be completed to constitute a series. For the Navigator Class Divisions, a maximum of two races are scheduled, of which one shall be completed to constitute a series.

19.3 IRC classes will be scored using Time on Time.

19.4 PHRF classes will be scored using the handicaps provided by the YRALIS and the course distance.

19.5 Course distances as determined by the Race Committee will not be grounds for redress.

19.6 A boat that, for any reason, fails to finish within the time limit following the finish of a boat in her Division shall, without a hearing, be scored by the Race Committee with points equal to the number of boats in her Division that have sailed the course and finished within the time limit plus two points. This changes rules A4.1, A4.2 and A5.

20 PRIZES

Prizes will be awarded to the boats with the best total scores in each Division. The JOYETTE, ZILPH and CYNOSURE TROPHIES will be awarded to the boats that, in the judgment of the Race Committee, have the best performance in the PHRF, Level, and IRC fleets respectively. The ROGER SHERMAN MEMORIAL TROPHY will be awarded to the boat that, in the judgment of the Race Committee, has the best combined performance in the American Yacht Club Spring and Fall Regattas. Prizes will be awarded on the front terrace at American Yacht Club as soon as possible after the final race and protest hearings on Sunday, September 28.

21 RADIO COMMUNICATION

21.1 The Race Committee may not respond to any radio communication by a competitor except to acknowledge withdrawals, protests, penalties taken or Mayday calls. The Race Committee may announce changes to the starting line or the course on the race course VHF channel. Failure to hear such broadcasts shall not be grounds for redress.

21.2 Except as otherwise provided herein, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats.

21.3 Competing boats shall not communicate by radio with commercial craft, except in an emergency. Failure to comply with this instruction may result in a rule 2 hearing against the offending boat.

22 NAVIGATION RULES

All boats are cautioned to observe the Navigation Rules of the Road and to yield right of way to vessels restricted in their ability to maneuver, especially to tugs and barges. Any boat observed to impede such traffic may be protested by the Race Committee.

23 WEB SITE

The Race Committee will post the Notice of Regatta, Sailing Instructions, Scratch Sheet, and results at its web site, www.AmericanYC.org. Competitors should consult the official Race Committee Notice Board for final information.

24 RESPONSIBILITY FOR SAFETY

As a condition of the participation of any boat in any race or related activity sponsored or undertaken by American Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility, and each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against American Yacht Club and its officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

**American Yacht Club cordially extends the privileges of the Clubhouse
and harbor facilities to participants before and after the races.**

Principal Race Officers: Kevin Keogh and Glenn A. Morrison

Protest Committee Chair: Sandison E. Weil

Race Committee Co-Chairs: Kevin Keogh and Glenn A. Morrison

**American Yacht Club
499 Stuyvesant Avenue, Milton Point
Rye, New York 10580
Telephone: 914-967-4800; Fax: 914-967-5340
Web site: www.AmericanYC.org**

APPENDIX A

WLIS GOVERNMENT MARKS FOR NAVIGATOR CLASS RACES

LETTER	DESCRIPTION
C	Red nun "4" off Prospect Point
D	Red nun "2" off Prospect Point
E	Green gong "23" off Prospect Point
F	Green can "1" NE of Execution Rocks
G	Red bell "2" south of Hen & Chickens
H	Green bell "1" NE of Hen & Chickens
I	Green can "1" off Delancey Point
J	Red bell "42" off Scotch Caps
L	Red bell "38" off Playland
M	Red bell "36" off Bluefish Shoal
O	Red nun "2" SW of Great Captain Island
P	Green bell "1" east of Little Captain Island
R	Red whistle buoy "32A" mid-Sound between Greenwich and Oyster Bay
S	Green bell "17" off Rocky Point (Oyster Bay)
T	Red nun "40A" off Scotch Caps
V	Green bell "15" north of Lloyd Point
W	Red bell "32" off Stamford Harbor
X	Green gong "21" off Matinicock Point
Y	Green can "19" off Oak Neck Point
Z	Red bell "6" off Mott Point (Hempstead Harbor)