



2024
Eastern Yachting Circuit Regatta
Sodus Bay Yacht Club
Sodus Point, New York, USA
July 11-13, 2024



SAILING INSTRUCTIONS

June 9, 2024

1 RULES

- 1.1 The series will be governed by the rules as defined in The Racing Rules of Sailing (2021-2024).
- 1.2 The [Prescriptions of US Sailing](https://www.ussailing.org/wp-content/uploads/2018/01/2021-2024-US-Prescriptions-Final.pdf) will apply.
(<https://www.ussailing.org/wp-content/uploads/2018/01/2021-2024-US-Prescriptions-Final.pdf>)
- 1.3 Appendix V (*A US Sailing Prescription*) shall apply
- 1.4 The protest committee may impose suitable penalties, other than disqualification, for violations of the Class Rules, or other non Part 2 rules. This changes RRS64.1
- 1.5 SBYC requires appropriate sportsmanship from all competitors, boat owners, and support persons. Failure to adhere to this requirement will be deemed as Misconduct under Rule 69.
- 1.6 PENALTIES AT THE TIME OF THE INCIDENT
The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 or rule 31 while *racing*.'
- 1.8 If there is a conflict between languages the English text will take precedence.
- 1.9 PHRF – Lake Ontario (PHRF-LO) rules will apply to boats racing under PHRF.
- 1.10 All boats must have a minimum of two people on board.
- 1.11 The [Equipment Rules of Sailing](#) (SER) will apply to Distance Racing

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board on the patio of the SBYC clubhouse

3 CHANGES TO THE SAILING INSTRUCTIONS

- 3.1 Changes in the Sailing Instructions will be posted on the Notice Board one hour before the warning signal for the race in which it will take effect.
- 3.2 The Race Committee may make changes to Sailing Instructions verbally by VHF radio. These changes will take effect upon announcement.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at the SBYC clubhouse.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP

5 SCHEDULE OF RACE

Thursday, July 14	Distance race	First Warning Signal 1000
Friday July 15	Course Racing	First Warning Signal 1000 No Warning Signal after 1500
Saturday July 16	Course Racing	First Warning Signal 1000 No Warning Signal after 1500

- 5.2 Five (5) races are scheduled for Course Racing.
- 5.3 The RC and OA reserve the right to modify the program due to weather conditions or other causes.
- 5.4 Flag A displayed with no sound, while boats are finishing means 'No more racing today.'

6 CLASS FLAGS

Class Flags shall be numeral pennants corresponding to division number

7 RACING AREA

- 7.1 The course racing area will be Lake Ontario off Sodus Point. The starting area will be approximately 1.6 nm northwest of the Sodus Point Light.

- 7.2 The distance racing area will be along the southern shore of Lake Ontario.
- 7.2 At the discretion of the Race Committee the racing area may be moved into Sodus Bay

8 COURSES

8.2 Course Racing

The course will be: Windward – leeward. The Leeward mark will be to weather of the start – finish line. See diagram 1. The Leeward mark may or may not be in position at the start. There will be separate windward marks for the Spinnaker and Genoa Only fleets. The Genoa Only mark will be approximately 1/4 mile short of the Spinnaker mark

- 8.2.1 No later than the warning signal, the race committee will display the approximate compass bearing of the first mark.

- 8.3 The Distance Race course will be either eastward or westward at the discretion of the Race Committee.

- 8.3.1 The course for a westward start and the approximate position of marks is as follows:

Spinnaker - Start, Mark A (43° 19.2' N, 77° 05.5' W), Mark P (43° 17.1' N, 76° 58.5' W), Mark B (43° 19.2' N, 76° 50.9' W), Finish. All marks left to port.

Genoa Only - Start, Mark A (43° 19.2' N, 77° 05.5' W), Mark P (43° 17.1' N, 76° 58.5' W), Mark C (43° 18.3' N, 76° 54.5' W), Finish. All marks left to port.

- 8.3.2 The course for an eastward start and the approximate positions of marks is as follows:

Spinnaker - Start, Mark B (43° 19.2' N, 76° 50.9' W), Mark P (43° 17.1' N, 76° 58.5' W), Mark A (43° 19.2' N, 77° 05.5' W), Finish. All marks left to starboard.

Genoa Only - Start, Mark C (43° 18.3' N, 76° 54.5' W), Mark P (43° 17.1' N, 76° 58.5' W), Mark A (43° 19.2' N, 77° 05.5' W), Finish. All marks left to starboard.

9 MARKS

- 9.1 The course racing marks are as follows:

Genoa Only Windward - white and yellow tomato;
Spinnaker Windward - white and red tomato;
Leeward White and red tomato.
Initial change marks will be orange tetrahedron

- 9.2 The Distance Race marks are as follows:

Mark A: white and red tomato
Mark B: white and red tomato

Mark C: white and yellow tomato

Mark P: yellow tomato

10 THE START

- 10.1 The start will be between an orange tetrahedron and a staff with an orange flag on a nearby committee boat.
- 10.2 The race committee will attempt to announce OCS boats by VHF radio. The absence of, timing or order of such an announcement, or the inability to hear the announcement shall not be cause for redress. This changes Rule 62.1(a)
- 10.3 Boats starting more than four minutes after their starting signal will be scored Did Not Start without a hearing. This changes Rule A5.
- 10.4 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

11 CHANGES TO THE NEXT LEG OF THE COURSE

- 11.1 Course Racing To change the next leg of the course, the race committee will lay a new mark or move the finishing line and remove the original mark as soon as is practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2 No changes will be made to the next leg position of the Distance Race marks.

12 THE FINISH

- 12.1 The course finish line will be between a yellow cylinder and a staff with an orange flag on a nearby committee boat.
- 12.2 The distance finish line will be between Mark P and a staff with an orange flag on a nearby committee boat.

13 PENALTY SYSTEM

- 13.1 US Sailing prescription Appendix T, sections B and D will apply.

14 TIME LIMITS

- 14.1 Course Racing
 - 14.1.1 The time limit for all boats is two hours.

14.1.2 Any boat not finishing within 30 minutes of the first boat in her division to finish will be scored DNF without a hearing. This changes Rule 35 and A5

14.2 Distance Racing

14.2.1 The time limit for all boats is six hours.

15 PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are available on the message board of the SBYC clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.2 For each course, the protest time limit is 60 minutes after the committee boat docks . The Race Committee will raise code flag "B" on the SBYC flagpole when the committee boat docks and will lower it when the protest time limit expires.

15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the hearing room on the second floor of the SBYC clubhouse.

15.4 Breaches of instructions 10.4, 17, 18, 19 or 20 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

15.5 On the last scheduled day of racing a request for reopening a hearing shall be delivered

- (a) Within the protest time limit if the requesting party was informed of the decision on the previous day;
- (b) No later than 30 minutes after the requesting party was informed of the decision on that day.

This changes rule 66

15.6 On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2

15.7 Boats intending to file a protest shall not lower their protest flag until, after finishing they sail astern of the committee boat and notify the race committee of their intention to protest. Notifications by VHF radio will not be accepted. This changes rule 61.1(a)

16 SCORING

16.1 The scoring system of RRS Appendix A2 will be applied as modified below.

16.2 One (1) race is required to be completed to constitute a series.

16.3 (a) When fewer than five (5) races have been completed a boat's series score will be the total of her race scores.

(b) When five (5) races have been completed, a boat's series score will be the total of her races excluding her one worst score.

16.4 Scoring will be according to PHRF-LO rules

17 SAFETY REGULATIONS

A boat that retires from the race shall notify the race committee as soon as possible.

18 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

19 HAUL OUT RESTRICTIONS

Keelboats shall not be hauled out during the regatta except with and according to the terms of prior written permission of the race committee.

20 DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the regatta.

21 RADIO COMMUNICATIONS

21.1 Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

21.2 The Race Committee will use VHF channel 71 to make announcements.

21.3 During the distance race, following the start, boats shall monitor channel 16, and following hail use channel 71 as a working channel should communication be required.

22 PRIZES

Trophies will be determined and awarded in accordance with the EYC trophy requirements. Divisional flags will also be awarded.

23 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk, See rule 4, Decision to Race. Competitors acknowledge that sailing involves potential risks. As a condition of their participation in this regatta, competitors release all claims they may have against The Sodus Bay Yacht Club and its officers, directors, members, committees and employees for damages to property, personal injury or death sustained in conjunction with or prior to, during or after the regatta. Competitors shall be responsible for damage or injury caused by their breach of the Racing Rules of Sailing or applicable governmental rule for the avoidance of collision.

24 **INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$300,000 US per incident or the equivalent.