

INTERNATIONAL SOLING CLASS

United States National Championship

SAILING INSTRUCTIONS

1. RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 The following US Sailing prescriptions will apply: RRS 61.4, and the prescriptions to rules 60.3, 67, 76.1.
- 1.3 As permitted by RRS 86.1(c), racing rules 42.3(c) and 31 will be changed as follows:
 - a) RRS 42.3 (c) is altered to : Except on a beat to windward, when surfing (rapidly accelerating down the leeward side of a wave) or planing is possible ,the crew may pull the sheet controlling any sail in order to initiate surfing or planing, but not more than twice for each wave or gust of wind. The pumping of the main sheet directly from the main sheet boom block is permitted. In addition, pumping of the spinnaker guy is permitted at all times without restriction. In this part of the Rule "pumping of the spinnaker guy" means repeatedly trimming and releasing the guy by any means. Moving the body as reasonably necessary to pump the guy is permitted and shall not be considered to be ooching (see RRS 42.2 (c)), nor shall any rolling of the boat caused by such reasonably necessary movements be considered rocking (see RRS 42.2 (b)).
 - b) RRS 31 is altered to: "While racing, neither the crew nor any part of a boat's hull shall touch a starting mark before starting, a mark that begins, bounds or ends the leg of the course on which she is sailing, or a finishing mark after finishing. In addition, while racing, a boat shall not touch a race committee vessel that is also a Mark."
 - c) RRS 63.7 is altered when there is a conflict between the Notice of Race and these Sailing Instructions; The Sailing Instructions will take precedence.
- 1.5 Special Rules:
 - a) After the warning signal for a race the registered helmsperson shall not leave the helm except in an emergency or with the prior written permission of the Race Committee or International Jury.
- 1.6 Where there is a conflict between languages the English text will take precedence.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at south entrance of Wilmette Harbor Club and on the YachtScoring regatta website.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 After the beginning of registration the following Sailing Instructions may not be changed: 1, 3, 5.2, 8.3, 17.
- 3.2 Any change to the sailing instructions will be posted 3 hours before the start of the first race on the day that it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at flagpole on the clubhouse deck.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP .

5. SCHEDULE OF RACES

5.1 Dates of Racing:

<i>Date</i>	<i>Races</i>	<i>Warning Signal</i>
Friday, September 8	Skippers Meeting	1030
Friday, September 8	1-3	1200
Saturday, September 9	4-6	1100
Sunday, September 10	7-8	1000

- 5.2 8 races are scheduled of which 4 must be completed to constitute a valid championship. A maximum of 4 races per day may be sailed. A third race may be sailed on any day provided that that does not cause the number of remaining races to be less than the number of scheduled race days remaining. A fourth race may be sailed on any day only to bring the programme back to, or towards, the published schedule of races. A second or third or fourth race to be held on any day will be signalled by displaying flag D on the race committee boat at the finish line of the previous race.
- 5.3 The scheduled time of the warning signal for the first race is 1200 on Friday, September 8; 1100 on Saturday, September 9th and 1000 on Sunday September 10th.
- 5.4 When a subsequent race will be held on a day the warning signal for that race will be made as soon as practicable. To alert boats that a race will begin soon the orange flag will be displayed with one sound at least 5 minutes before a warning signal is made.
- 5.5 On the last day of the regatta no warning signal will be made after 1400 hrs.

6. CLASS FLAG

The Class flag will be the Black class logo on a white background.

7. RACING AREAS

Racing will be in the waters of Lake Michigan, east of the entrance to Wilmette Harbor

8. THE COURSE

- 8.1 The diagram in Attachment 1 show the course, including the approximate angle between legs, the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal boat will display the approximate distance of the first leg and the approximate compass bearing of the first leg.
- 8.3 Courses may only be shortened by eliminating the final lap or individual legs of that lap. This changes RRS 32. The segment from the last gate to the finish line (mini reach) is not a leg but part of the last downwind leg of the course.

9. MARKS

- 9.1 Marks 1, 1a (offset mark), and 3 (or 3S-3P if a gate) will be yellow cylinders.
- 9.2 New marks as provided in SI 12.1 will be yellow cylinders.
- 9.3 The starting and finishing marks will be orange balls.
- 9.4 A race committee vessel signalling a change of a leg of the course is a mark as provided in SI 12.2.

10. THE START

- 11.1 Races will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 11.2 The starting line will be between the committee boat and the start pin.
- 11.3 A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 Except at a gate, boats shall pass between the race committee vessel signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28

13 THE FINISH

The finishing line will be between a staff displaying a blue flag on a race committee vessel and the adjacent mark.

14 PENALTY SYSTEM

- a) The first two sentences of RRS 44.1 are changed to: ‘A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 of the RRS in an incident while racing..
- b) A boat that has taken a penalty or retired shall complete an acknowledgement form at the race office within the protest time limit.

15 TIME LIMITS

15.1 The time limits for the leading boat are:

<u>Mark 1</u>	<u>Race</u>
30 minutes	Courses 1: 2.0 hours

If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a)

15.2 Boats finishing more than 25 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing, this changes RRS 35, A4 and A5

16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest forms are available from the regatta organizers at Wilmette Harbor Club. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2 The protest time limit is 90 minutes after the last boat has finished in the last race of the day or the race committee signals no more racing today, whichever is later
- 16.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or witnesses. Hearings will be held in the protest room located at Wilmette Harbor Club beginning at the time posted.
- 16.4 Notices of protests by the race committee, technical committee, or protest committee will be posted to inform boats under Rule 61.1(b).
- 16.5 Breaches of SI 11.3, 14 and 18,21, 23, 25, 26, 27 will not be grounds for protest by a boat. This changes Rule 60.1(a).
- 16.6 On the last scheduled day of racing a request for redress, based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2:
- 16.7 Decisions of the international jury will be final as provided in Rule 70. 5.

17. SCORING

- 17.1 The Low Points scoring system of Appendix A as amended below will apply.
- 17.2 Four (4) races are required to be completed to constitute a championship
- 17.3 a) When fewer than 6 races have been completed a boat’s series score will be the total of her race scores.
b) When 6 or more races have been completed a boat’s series score will be the total of her race scores excluding her worst score.

18. SAFETY REGULATIONS

- 18.1 Check-out and check-in. Before going on the water and immediately upon arrival ashore and no later than the protest time limit, one crew member of each competing boat shall personally sign a control form at the race office. This control form shall be completed even when returning ashore between races [DP]
- 18.2 Boats not leaving harbour for the days racing shall inform the race office. A boat that retires from a race shall notify the race committee as soon as possible. [DP]
- 18.4 Boats arriving at a point ashore other than the harbour for any reason and that cannot get to the harbour without assistance shall report immediately by telephoning WHC. [DP]
- 18.5 Penalties for infringing this SI shall be decided by the jury and may include having to pay the expenses of search and rescue operations.

19. REPLACEMENT OF CREW OR EQUIPMENT

19.1 Substitution of competitors will not be allowed without the prior written approval of the Jury. Such approval may be given in case of injury, illness or other non-preventable circumstances or when notified at registration. [DP]

19.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.[DP]

20. SUPPORT BOATS

20.1 Team leaders, coaches and other support persons shall stay outside areas where boats are racing from the time of the preparatory signal for the first race until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment. [DP]

20.2 Support boats shall be marked with patrol flags. [DP].

21. HAUL-OUT RESTRICTIONS

All boats shall be afloat before 1030 hours on Friday, September 8th and may be hauled out during the regatta. [DP]

22. DIVING EQUIPMENT AND PLASTIC POOLS

Underwater breathing apparatus and plastic pools or their equivalent shall not be used around boats between the starting signal of the first race and the end of the regatta. [DP]

23. COMMUNICATIONS

23.1 Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.[DP]

23.2 Race Committee will be using Channel 72 for all competitor communications.

24. PRIZES

24.1 Prizes will be awarded for the top 3 teams.

25. DISCLAIMER

Competitors participate in the regatta entirely at their own risk: see RRS 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

26. INSURANCE

Each participating boat shall be insured with a valid third-party liability insurance with a minimum cover of \$300,000 per incident or the equivalent in the currency of the country of registration of the boat.

ATTACHMENT 1

COURSES

All marks shall be rounded to port except when SI 12.2 applies, or in a gate.

Course 1

Start - 1 - Offset - 3(3S-3P when a gate) - 1 - Offset - 3(3S-3P when a gate) - 1 - Offset - 3(3S-3P when a gate) - Finish

The segment '3(gate) - Finish' is not a leg.

All marks to be rounded to port. Mark 3 may be a gate.

In the first beat to windward (leg number 1) gate is not a mark of the leg.

Course 1

