



Sailing Instructions

Messmer Cup Weekend Regatta

April 20-21, 2024

Created 1-8-2024
Updated 4/12/2024

1. Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*, the Class Rules of the West Florida Performance Handicap Racing Federation (WFPHRF), the Notice of Race (NOR) and these Sailing Instructions (SIs).
- 1.2 The Organizing Authority (OA) is Naples Sailing and Yacht Club www.thensyc.com in conjunction with the Gulf Coast Sailing Club, www.gulfcoastsailingclub.org
- 1.3 The notation “[DP]” in a rule herein means that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than disqualification. The notation “[NP]” in a rule herein designates that a boat may not protest a boat for an alleged breach of that instruction. This changes RRS 60.1(a).

2. Changes to Sailing Instructions

- 2.1 Any change to the sailing instructions will be posted before 0600 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. Communications with Competitors

- 3.1 Notices to competitors will be posted on the official [Notice Board](#)
- 3.2 There will be no signals made ashore. Competitors are referred to the official notice board for announcements.
- 3.3 On the water, the race committee intends to monitor and communicate with competitors on VHF radio on channel 72. Depending on radio traffic, other channels may be used in order of priority; 72,69,68,78 in which case race committee will display the new channel on a white board on the signal boat. All boats are required to be equipped with a VHF radio with at least channels 16 and 72.

4. Schedule of Races – Course Races – Saturday, April 20, 2024



- 4.1 The first warning shall be at 0955 on Saturday, April 20.
- 4.2 The boats will be divided into four classes and the starting order for the first race shall be as follows:
 - Class 1: Spinnaker
 - Class 2: Non-Spinnaker
 - Class 3: True Cruising
 - Class 4: Multihull
- 4.3 Race committee may combine classes in a start by displaying more than one numeral pennant during the starting sequence.
- 4.4 Race committee intends to run as many races as possible but not more than four races.
- 4.5 No warning signal will be made after 1500.

5. Schedule for Distance Race – Sunday, April 21

- 5.1 The first warning shall be at 0955.
- 5.2 Boats shall cross the starting line no earlier than the time shown on the Pursuit Race Starting Time schedule posted on the event website. Boats are reminded of rule 29.1- Individual Recall applies to starts prior to their scheduled time.

6. Class Flags – Saturday Only

- 6.1 Class flags shall be the numeral pennant corresponding to the class number set forth in Section 4 above.

7. Racing Area

- 7.1 The racing area on Saturday will be in the Gulf of Mexico northwest of Gordon Pass, west of the Naples Municipal Pier and South of Doctors Pass. The distance race starting area on Sunday will be 0.5 NM due west (heading 270 magnetic) from Gordon Pass inlet buoy #1. Specific course instructions for the Sunday race will be issued along with start times no later than Saturday evening via email.

8. Courses

- 8.1 The diagrams in SI Addendum A show the course race options for Saturday.
- 8.2 No later than the warning signal, the course letter along with the bearing and distance to the first mark will be posted on the signal boat and announced by VHF radio. The course for a class may be different from



other classes.

- 8.3 Rounding marks shall be passed to port for Saturday course races.
- 8.4 Sunday distance race marks are to be rounded as noted in the instructions and starting times issued no later than Saturday evening via email.

9. Marks

- 9.1 Marks will be government marks or tetrahedrons as designated in SI Addendum A.
- 9.2 Rounding marks for Saturday course races shall be orange tetrahedrons. New marks as provided in SI 11 shall be yellow tetrahedrons.
- 9.3 The starting/finishing mark shall be a yellow tetrahedron.

10. Starts – Saturday Course Races

- 10.1 Races will start using RRS 26 with the warning signal made five (5) minutes before the starting signal.
- 10.2 The starting line is between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other classes.
- 10.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1 (a).
- 10.5 A boat that does not start within four (4) minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11. Starts – Sunday Pursuit Race

- 11.1 Boats shall cross the starting line no earlier than the time shown on the Pursuit Race Starting Time schedule posted on the event website. Boats are reminded of rule 29.1 - Individual Recall applies to starts prior to their scheduled time.
- 11.2 The starting line is between a staff displaying an orange flag on the signal boat at the starboard end and the course side of the port-end starting mark.
- 11.3 Boats whose warning signal has not been made shall avoid the starting



area during the starting sequence for other classes.

- 11.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1 (a).
- 11.5 A boat that does not start within four (4) minutes after her starting time will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12. Change of the next leg of the course

- 12.1 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by move the original mark or the finishing line to a new position.
- 12.2 Race committee may move a mark up to 5 degrees without signaling such change.

13. The Finish

- 13.1 The finishing line will be between a staff displaying an orange flag on the signal boat at the port end and the course side of the starboard end finishing mark.
- 13.2 If the race committee is absent when a boat finishes, she shall report her finishing time and her position in relation to nearby boats to the race committee at the first reasonable opportunity.

14. Penalty System

- 14.1 RRS Appendix V1, Penalty at the Time of An Incident, will apply: The first two sentences of RRS 44.1 are changed to: A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when a skipper may have broken one or more rules of Part 2 while in the zone around a mark other than a starting mark, the penalty shall be a Two-Turn Penalty.
- 14.2 RRS Appendix V2 Post Race Penalties will apply. For purposes of this event "race office" shall be the Principal Race Officer at rhilillie@aol.com .

15. Time Limits



- 15.1 For Saturday course racing, the Mark 1 Time Limit is thirty (30) minutes, the Race Time Limit (see RRS 35) is one hundred twenty (120) minutes, and the Finishing Window is twenty (20) minutes.
- 15.2 If no boat in a class has passed the first mark within the Mark 1 Time Limit for Saturday course racing, the race for that class will be abandoned. All other classes are unaffected.
- 15.3 For the Sunday Distance Race, the Race Time Limit is 1400 hours, and the Finishing Window is sixty (60) minutes.
- 15.4 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one (1) more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

16. Scoring Inquiries, Protests and Requests for Redress

- 16.1 The protest time limit is ninety (90) minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the website notice board.
- 16.2 Scoring inquiry forms, hearing request forms and penalty acknowledgment forms are available on the event website:
[Yachtscoring.com/2023 Naples Centennial Regatta/General Race Management Forms](http://Yachtscoring.com/2023%20Naples%20Centennial%20Regatta/General%20Race%20Management%20Forms).
- 16.3 [DP][NP] Boats intending to protest, or request redress should as a courtesy to notify the Race Committee on VHF channel 72 or call PRO Rick Lillie at cell phone #312.907.5580.
- 16.4 Any of the referenced forms under this section are to be submitted to the Race Committee or Protest Committee or can be emailed to rlillie@aol.com.
- 16.5 The Protest Committee shall notify competitors by posting a notice on Yachtscoring.com or via email that a protest or request for redress has been filed. The Protest Committee shall inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held at a time and place agreeable to all parties.

17. Scoring

- 17.1 WFPHRF time-on-distance will be used.



17.2 One completed race constitutes a regatta.

17.3 A boat's series score is the total of her race scores. No race scores excluded.

17.4 A minimum of three (3) entries in a boat's class is required for a score to be included for Boat Of The Year (BOTY).

18. Safety Regulations

18.1 Boats will check in by hailing the race committee on VHF channel 72 prior to their warning providing boat name, class entered, sail number and the number of persons on board.

18.2 [DP][NP] A boat that is retiring from a race must notify the Race Committee by VHF radio channel 72 or by calling the Principal Race Officer by cell telephone at 312.907.5580.

19. Trash Disposal

19.1 [DP] Trash shall not be thrown overboard.

20. Prizes

20.1 Awards for a class with three to four boats registered will be limited to a first-place award.

20.2 Awards for a class with five boats registered will be limited to awards for first and second place.

20.3 Awards for a class with more than six boats registered will be limited to awards for first, second and third place.

21. Risk Statement

21.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

22. Insurance

Each participating boat shall be insured with valid third-party liability

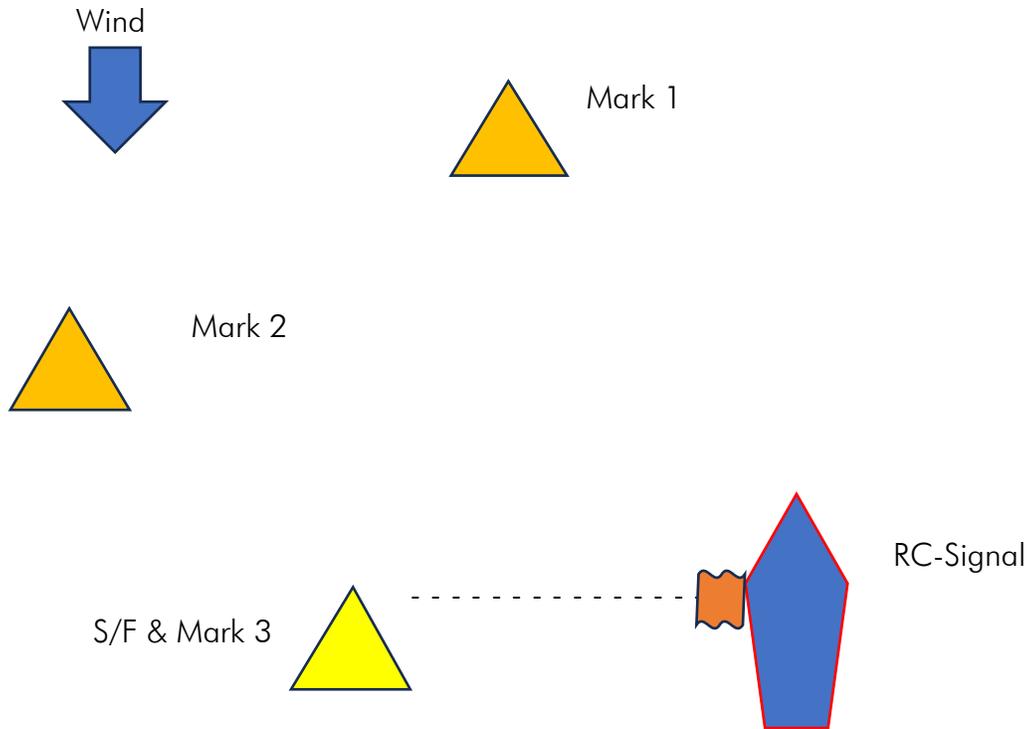


insurance with a minimum coverage of \$300,000 per incident or the equivalent.



Addendum A to Sailing Instructions Race Courses

Saturday Course Races



Courses:

	Courses – Windward -Leeward		Courses – Triangle – Triangle W/L
A	Start – 1 – Finish (2 legs)	D	Start – 1 – 2 – Finish (Triangle)
B	Start – 1 – 3 - 1 – Finish (4 legs)	E	Start – 1 – 2 – 3 – 1 – Finish (Triangle & W/L)
C	Start – 1 – 3 – 1 – 3 - 1– Finish (6 legs)	F	Start – 1 - 2 – 3 – 1 - 2 – Finish (2 Triangles)

Round Marks 1, 2 and 3 to PORT



Sunday Distance Race

Starting area: 0.5 NM due west (heading 270 magnetic) from Gordon Pass inlet buoy #1 LAT 26°-05.503N LON -81°-48.441W

Other course marks will be provided via email no later than Saturday afternoon