



# 2023 Cows Trophy Race

## Sailing Instructions

### Saturday September 23, 2023

#### 1. Rules

- 1.1.** The race will be governed by the current edition of *The Racing Rules of Sailing* (RRS) except as may be altered by the Notice of Race or by these Sailing Instructions.
- b.** The current PHRF regulations as administered by the Yacht Racing Association of Long Island Sound (YRALIS). PHRF weight limits will not be in effect
- 1.2.** All boats shall comply with the US Sailing Safety Equipment Requirements (USSER) for nearshore races. The VHF radio shall be capable of transmitting and receiving on Channel 05A.
- 1.3** Prior to the first race signal of the day, each boat shall check in with the signal boat by sailing by and declaring her intention. There will be no check in by radio.
- 1.4.** A boat withdrawing must inform the Race Committee as soon as possible but no later than leaving the racing area.
- 1.5** W/L ratings will be used for the Cows Race.

#### 2. Notices to Competitors

- 2.1.** Notices to competitors will be posted on the official notice board located on the event page of [yachtscoring.com](http://yachtscoring.com).
- 2.2.** The race committee may make broadcasts on VHF channel 05A for communications to competitors before or during the race. The timing, order of the broadcast, or the failure of the competitors to hear the broadcast, will not be grounds for redress. This changes rule 29.1 and 60.1(b)

#### 3. Changes to the Sailing Instructions

- 3.1.** Changes to the Sailing Instructions will be posted before 1200 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Oral changes may be made on the water via announcements over VHF Channel 05A. This changes Race Signals.

#### 4. Signals Made Ashore

- 4.1.** Signals made ashore will be displayed from the Signal Boat while at the dock.
- 4.2.** When flag AP is displayed ashore, “1 minute” is replaced with “not less than 60 minutes.” This changes RRS Race Signals.

#### 5. Schedule of Races

- 5.1.** The Cows Race is scheduled for Saturday September 23, 2023.
- 5.2.** Harbor start shall be at 1300. The first signal will be at **1400** for the Cows Race.

## **6. Class Flags**

**6.1** Each boat shall display from her backstay, at least five feet above the deck, a numeral pennant corresponding to her class.

Class 1 – Spinnaker Class

Class 2 – Non-Spinnaker Class

## **7. Racing Areas**

Attachment 2, “SYC Racing Chart,” indicates the location of the racing area.

## **8. The Courses**

**8.1** The marks of the course are those described in Attachment 1

**8.2** Courses are to be sailed to the mark signaled on the course board and the code flag displayed from the signal boat and back to the starting area, wherein the course board and a code flag will signal the next mark of the course. Boats are then to sail to the next signaled mark and back. This pattern shall be repeated until the RC signals flag “H” indicating that the race will be finished.

**8.3** All legs being reciprocal, signaled marks shall be left to port.

**8.4** Upon returning to the starting area, all boats must pass through a gate formed between the signal boat and the Cows Buoy” R-32” before proceeding to the next signaled mark.

**8.5** The signal boat may be stationed on either side of the start mark. After going through it, boats may round either end of the gate.

## **9. Marks**

**9.1.** The marks of the course are designated in Attachment 1, “Mark Designations” of these Sailing Instructions, unless otherwise noted in Special Sailing Instructions.

**9.2** When a temporary mark is being used, the race committee shall display from a course board the compass course and distance to that mark from the previous rounding mark.

## **10. The Start**

**10.1.** Races will be started by using Rule 26 of the RRS, with the following addition: An attention signal (flag F with one sound) will be made 5 minutes before the first Warning Signal for the Class 1 only. One minute before the first Warning Signal, code flag F will be removed without a sound signal.

**10.2.** The starting line will be between a staff displaying an orange flag on the Race Committee boat and “R-32” the Cows.

**10.3.** The Race Committee may elect to start two or more classes simultaneously.

**10.4.** Every boat whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.

**10.5.** If more than one boat starts in any one class, the race will be scored as a qualifying race for that series.

## **11. Recalls**

**11.1.** RRS 29.1 is hereby modified to allow that, in the event of an Individual Recall, infringing boats may be recalled by name or sail number, by loud hailer or over VHF radio. Failure to make a radio call or the failure of a boat to hear a recall or the order of such calls shall not be grounds for redress.

## **12. The Finish**

**12.1** The finish will be between a staff displaying a blue flag on the signal boat and the Cows Buoy "R-32".

## **13. Time Limit**

**13.1.** The time limit for any class's race will be four hours.

## **14. Protests and Requests for Redress**

**14.1.** A boat intending to protest shall so inform the race committee upon finishing or withdrawing. Protests shall be submitted on standard forms obtained from the Stamford Yacht Club front desk or from the Race Committee. Protests shall be submitted in writing to the Race Committee no later than one hour after the Race Committee has returned to the dock. The Race Committee will post its arrival time on the Official Notice Board.

**14.2.** To inform competitors of hearings in which they are parties or named as witnesses, notices will be posted within 30 minutes of the protest time limit. Hearings will be held at the Stamford Yacht Club and will be scheduled at the discretion of the Protest Committee.

**14.3.** In conformance with RRS 61.1(b), and to inform boats of protests received, notices will be posted as soon as practicable after receipt.

## **15. ARBITRATION**

**15.1** Arbitration will be held in accordance with Appendix T.

**15.2** One representative from each boat will meet with an arbitrator unless the protestor requests that the protest be withdrawn

**15.3** The Arbitrator will not be a member of the protest committee that hears the protest but will be permitted to observe the testimony given and offer testimony. This changes RRS 63.3 (a).

**15.4.** It is intended that protests be heard at Stamford Yacht Club on date and time to be determined by the parties in conversation with the mediator. It is intended but not required that such hearing be scheduled within 15 days following the race in which the protest occurred.

## **16. Scoring**

**16.1** Scoring computations will use YRALIS W/L handicap PHRF ratings converted to Time on Time correction factors.

## **17. Radio Communication**

**17.1.** Except in the case of an emergency, while racing, a boat shall neither make nor receive wireless communication not simultaneously available to all boats. This restriction also applies to mobile telephones.

**17.2.** It is the intention of the Race committee to monitor VHF channel 05A during all races

## **18. Disclaimer of Liability**

**18.1.** Competitors participate in this race entirely at their own risk. See Rule 3, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during, or after any race in this series.

Attachment 1 **Mark Designations**

A - Gong "1", Little Captains Island East Reef

F - Green Gong "11B"

C - Red Nun "34" Greenwich Point

j - Red Bell "32-A" Mid Channel Buoy

E ▪ Red /Green Can "E" Eaton's Neck

G - Green Gong "1" Stamford Harbor

H ▪ Red Bell "32" The Cows

S - Start / Finish Mark (inflatable mark)

U ▪ *Leeward Inflatable Mark*

I - Red Bell "28-C" Cable & Anchor Reef

L ▪ Green Gong "15" Lloyd Point

O - Green Bell "17" Oyster Bay

P - Green Can "19" Oak Neck

W - Windward Inflatable  
Mark

# SYC Racing Chart

