



Junior Sailing Association of Long Island Sound
56th Annual Regatta for The Dorade Trophy
Hosted by
Stamford Yacht Club
Monday, August 7, 2023

SAILING INSTRUCTIONS

1. RULES

1.1 The races shall be governed by the rules as defined in the current Racing Rules of Sailing, the Notice of Race, and the current Rules for JSA Events, except as any of these are modified by these Sailing Instructions.

1.2 2021 Rules for JSA Events (2021 edition is current) Appendix F.6 are hereby modified to comply with US Sailing Safety Equipment Regulations for Near Shore events, and the 2023 Notice of Race.

1.3 A boat withdrawing from the race must inform the Race Committee (RC) via VHF 05A as soon as practicable.

2. ENTRIES

Open to single hulled sailboats owned by a member of a JSA of LIS member club program and not less than 27' LOA nor more than 44' LOA and having a valid current YRA of LIS PHRF Rating Certificate. For the purpose of this regatta, YRA of LIS PHRF Weight Limits are hereby waived.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board on the Dorade Event Page on YachtScoring.com. They may also be available on the JSA website. The Race Committee may make courtesy announcements over VHF channel 05A.

4. CHANGES IN SAILING INSTRUCTIONS

4.1 Any changes to these Sailing Instructions shall be posted on the notice board no less than one hour and thirty (30) minutes before the first signal.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the signal vessel while at the SYC dock and announced over VHF Channel 05A.

6. SCHEDULE OF RACES

The first signal is scheduled for 1000 on Monday, August 7, at approximately 1.2 NM northeasterly of Red Bell "32A" (Mid-Sound.) It is intended that three races will be held. One race shall constitute a regatta.

7. CLASSES

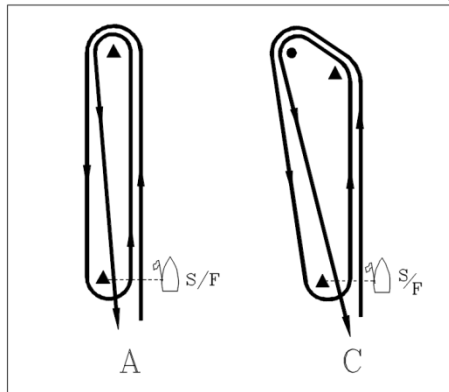
Based on the number and ratings of the entries, boats may be divided into classes.

8. THE RACING AREA

The racing area will be the waters of Long Island Sound generally southerly of Stamford and Greenwich, CT

9. COURSES

9.1 The course and distance to the windward mark will be displayed numerically on a course board mounted on the Signal Vessel and will be displayed before the warning Signal of the first class to start. The course configurations are as follows:



9.2 Courses will be designated such that the approximate magnetic bearing and the distance in nautical miles will be the top row of numbers and the course configuration will be on the bottom.

The course will be displayed as follows (example only):

240-1.3
A

9.3 In the event of a change in course, the new mark will be yellow. It is intended that the original course be abandoned and the new course sailed from the mark at which the change is signaled. The signaling of a change in course is not intended to change the finish mark.

10. THE MARKS

The marks of the course will be orange inflatable tetrahedrons and shall be left to port.

11. THE START

11.1 Races will be started in accordance with Rule 26 *with the modification* that, 5 minutes before the warning for the **first start of the day**, Code Flag “F” will be flown accompanied by 1 sound. This adds to Rule 26.

	<u>Minute</u>		<u>Signal</u>
1000	10	Attention	Code Flag “F”, 1 sound
	06		Remove “F”, no sound
	05	Warning or AP	Class Flag, 1 sound (AP, 2 sounds)
	04	Preparatory	“P” flag (or other e.g. “I”), 1 sound
	01	One Minute	“P”(or other removed) 1 long sound
	00	Start	Remove Class Flag, 1 sound

The Warning for the second class is the Start of the preceding class.

11.2 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of an orange mark at the port end.

12. RECALLS

12.1 In the event of an Individual Recall, X-flag will not be flown. Infringing boat(s) may be recalled by name or sail number, by loud hailer or over channel 05A. This changes rule 29.1. Failure to hear such hail or the timing and order of such hail shall not be grounds for redress. This changes rule 60.1(b)

12.2 A boat that starts prematurely (OCS) and fails to return shall be penalized by the addition of 10 minutes to her elapsed time.

13. THE TIME LIMIT

13.1 The time limit for any class's race will be two hours or 20 minutes after the first boat to finish in that class. If at least one boat finishes within the time limit, each starter in that class will be scored.

13.2 At the expiration of a time limit, and if no boats in that class have finished, the RC shall announce that fact over channel 05A.

13.3 No race will be started after 1500 and no finishers will be scored after 1700.

14. THE FINISH

14.1 The finishing line shall be between a staff displaying a blue flag on the signal vessel and the mark used as the starting mark, or in accordance with SI 14.2.

14.2 The race may be shortened at any mark of the course.

14.3 The display of code flag “A” at the finish indicates that no other race is intended to be run.

15. PROTESTS & ARBITRATION

15.1 Protesting boats shall comply with Part 5, Section A of the rules.

15.2 A boat intending to protest about an incident that occurs in the racing area shall, without consultation with instructors, coaches or support persons, notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, including (if possible) the sail number of the boat(s) being protested. (This adds to rule 61.1(a))

15.3 Protests shall be written on standard forms and lodged with the RC via online submission no later than 1800 on the day of the event.

15.4 Arbitration will be held in accordance with Appendix T via Zoom.

15.5 The parties to a protest will state their cases to the arbitrator; the arbitrator will discuss the issues with each and, upon evaluating the statements made, offer an opinion as to the likely outcome of a hearing. Should all parties to the protest accept the opinion, the appropriate action(s) are to be taken and no hearing will take place. If a hearing is held, the arbitrator shall not be a member of the protest committee, but may offer testimony.

16. COMMUNICATION

16.1 It is the intention of the RC to monitor channel 05A during all races. A boat which retires from a race shall so notify the RC immediately.

16.2 Except in an emergency or if contacted by the RC, while racing, a boat shall neither make nor receive radio transmissions or special communications not simultaneously available to all boats.

16.3 RRS41, OUTSIDE HELP, is changed by adding:(e) Help in the form of information freely available to all boats even if that information is only accessible at a cost. "At a cost" help shall not include private forecast or tactical advice, or information customized for a particular boat or group of boats and/or her/their situation.

17. SCORING

17.1 Each boat's series score will be the total of her race scores. There is no throw-out. (This changes rule A2.1)

17.2 Boats that fail to finish within the time limit shall be scored the number of points that is half way between the number of boats that started and the number of boats that finished.

17.3 Overall winner will be the boat with the lowest overall score determined by dividing the low point scores of each class winner by the number of boats in their respective class.

18. SAFETY REGULATIONS

18.1 Before the first warning signal, all boats shall check in with the race committee by sailing on starboard tack past the stern of the anchored signal vessel and hailing their sail number until acknowledged by a committee member. Infractions of this instruction may be protested by the race committee only.

18.2 A boat that retires from a race shall so notify a race committee before leaving the area.

19. SUPPORT BOATS

19.1 Coaches, support personnel and spectators shall stay outside areas where boats are racing from the time of the preparatory signal for the first class to start until all boats have finished or retired, or the race committee signals a postponement or abandonment.

19.2 Coaches, support personnel and spectators are requested to monitor VHF channel 05A and assist the race committee by following any safety instructions issued.

20. PERSONAL CONDUCT

All junior sailors, instructors and support persons are expected to behave in accordance with recognized principles of sportsmanship, good manners and fair play. A junior sailor, instructor or support person may be disciplined as per JSA Rule 4, the JSA Code of Conduct, rule 64.5 or rule 69 for violation of this Rule. An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in the JSA Code of Conduct.

Race Management:

Lawrence McGrath sailingdirector@stamfordyc.com

Dave Gurney rc@stamfordyc.com