

**SAILING INSTRUCTIONS
CITY ISLAND YACHT CLUB
43RD ANNUAL WOMEN SKIPPERS' RACE
Saturday, August 12, 2023**

The City Island Yacht Club welcomes you to its Annual Women Skippers' Race on Saturday August 12, 2023 in Eastchester Bay. Following the race all participants are invited to join us at the City Island Yacht Club for a gala party and the announcement of awards. our club steward.

Please join us for a **GALA party at CIYC immediately following the race(s).**

The POST RACE PARTY FESTIVITIES AT THE CITY ISLAND YACHT CLUB BEGIN IMMEDIATELY FOLLOWING THE RACE 1700 HOURS. SKIPPERS AND CREWS ARE INVITED TO JOIN IN. FREE SNACKS, BEER AND LIVE MUSIC.

A POST-RACE DINNER WILL ALSO BE AVAILABLE AT THE CLUB RESTAURANT.

PLEASE RSVP ON OR BEFORE TUESDAY, AUGUST 8TH TO LET US KNOW IF YOU WILL BE DINING AT THE CLUB.

TO : meggi92@gmail.com or call, txt 716-982-2211

1. RULES:

- 1.1. The Racing Rules of Sailing (RRS) for 2021-2024, the prescriptions of US Sailing, the Regulations of the Yacht Racing Association of Long Island Sound, the Notice of Race and these Sailing Instructions, shall govern the series. A series shall consist of one race or more. In the event of a conflict, these Sailing Instructions shall prevail.
- 1.2. **All boats must be driven by a woman for the entire race.** Two or more women may share the helm. Any boat failing to comply with this rule shall be disqualified.
- 1.3. All boats shall comply with YRA of LIS PHRF regulations including the Minimum Equipment Recommendations of the YRA of LIS for category "C" races.

2. NOTICES TO COMPETITORS AND CHANGES IN SAILING INSTRUCTIONS: Notices to competitors and changes to these sailing instructions or division assignments, if any, will be announced via VHF radio Channel 72 no later than 1:25 PM EDT the day of the start and up to the 1st warning signal of the series. **Planned start time for the (first) race is 1:30 PM EDT.** This modifies RRS 90.2 (c).

3. SIGNALS MADE ASHORE: The Race Committee may signal AP over A at 1:00PM EDT the day of the race at the CIYC should weather conditions be such that the race committee is unable to be on station. In the event of such a postponement the RC may also choose to broadcast that information on VHF channel 72.

4. SCHEDULE: A maximum of two races are scheduled. The first signal for the first race will not be made prior to 1:30 PM EDT. No warning signal will be made after 5:00PM.

5. RACING AREA: Racing shall take place in Western Long Island Sound between Gangway Rock G"27" NE of Barker Point and the Throggs Neck Bridge including Eastchester Bay, Little Neck Bay and Little Bay.



6. **COURSES:** The 2023 BIG TOM YACHT RACING Wednesday Night courses will be in effect. Courses shall be indicated on the Race Committee Boat. The display will show each division number on the top row of the board with specific courses marked alongside.
 - 6.1. The over-all 2023 course chart, mark locator and course lists can all be found and printed from [Big Tom Wednesday Night Series](#) .
 - 6.2. It is advised that competitors print these forms before the event as the committee will not carry any printed race instructions for distribution aboard the committee boat.
7. The following areas are restricted and may not be crossed:
 - 7.1.1. The area surrounding Big Tom Shoal bounded by: R"2" FI R 4s, N"4" on the west side of the shoal and Belden Point except when rounding mark "B" as a designated mark of the course.
 - 7.1.2. Stepping Stones Shoal, bounded by Stepping Stones Light and Elm Point red nun Buoys 2 and 4 marking the southern ends of Stepping Stones Shoal.
 - 7.1.3. The area south of Hart Island, between Hart Island Light 46 and the southern tip of Hart Island.
 - 7.1.4. No boat shall sail through the starting line other than during a twice around course, or to finish.

A boat having sailed into the aforementioned restricted areas may exonerate itself by sailing out the restricted area on the same side from which it entered. A boat failing to exonerate itself shall be disqualified.
8. **MARKS:** Are also standard BIG TOM YACHT RACING Wednesday Night marks.
9. **START:**
 - 9.1. The start line shall be between an orange or yellow flag displayed on the Race Committee boat, and BIG TOM Mark "S" in Eastchester Bay. The Race Committee boat at the start may have one or more "anti-barging" buoys attached to her stern. The Race Committee boat, any such buoys, and the lines or fittings used to anchor or attach the buoys to the Race Committee boat, shall collectively constitute a starting mark.
 - 9.2. Starting signals will be in accordance with RRS 26.
 - 9.3. All boats shall identify themselves to the Race Committee prior to the first warning signal by sailing past the stern of the Race Committee boat on starboard tack with mainsail hoisted prior to the first warning signal.
 - 9.4. In the event of a Postponement ("AP") or General Recall ("1st Substitute"), that signal will be removed, accompanied by an audible signal, one minute before the Warning Signal for that Postponed or Recalled division restart.
 - 9.5. Boats whose warning signal has not been made shall avoid the starting area.
 - 9.6. A boat starting later than 4 minutes after their starting signal will be scored Did Not Start (DNS).
 - 9.7. The Race Committee may attempt to hail On Course Side boats (OCS) on VHF Channel 72. Failure of the Race Committee to successfully notify an OCS boat by radio shall not relieve the OCS boat of its responsibility under RRS 28.1 nor be grounds for redress.
10. **FINISH:** The finishing line will be between an orange or yellow flag displayed on the Race Committee boat and BIG TOM YACHT RACING Mark "S".
11. **PENALTY SYSTEM:** The Scoring Penalty, RRS 44.3 shall not apply.

12. **TIME LIMITS:** Any boat not finishing within 60 minutes of the first finishing boat in its division shall be scored DNF. This changes rules 35.
13. **PROTESTS AND REQUESTS FOR REDRESS:** Protests shall be lodged in accordance with RRS 61 and 62 which are modified as follows:
 - 13.1. A boat initiating a protest against another boat shall display a red flag from its backstay or equivalent position. This changes RRS 61.1(2).
 - 13.2. The protestor shall notify the Race Committee after finishing on VHF Channel 72 of its intent to file a protest including its name, the name of the protestee and the rule the protestor believes was broken.
 - 13.3. When all boats in all divisions have finished, the Race Committee will announce a summary of reported protests on Channel 72.
 - 13.4. Protests, completed on US Sailing protest forms or equivalent and Requests for Redress, in writing, must be received by the Race Committee at the City Island Yacht Club (either left with race official, or at the bar) within two hours after all boats have finished. Protests and Requests for Redress shall be heard as soon as practical, immediately following the race at the City Island Yacht Club.
14. **SCORING:** The race will be scored using the Time-On-Time method based on factors derived from a boat's PHRF certificate rating, The time correction factor (TCF) for each boat will be determined using the following formula: $TCF = 600/(480+PHRF)$. For series scoring, the Low Point System shall be used. If a tie remains after application of the criteria defined in RRS A8, ties shall be broken on the basis of fastest corrected VMG (corrected cumulative time of all races / total course distance of all races). For the Commodore Corsair and C. Richard O'Leary Perpetual Trophies, performance shall be determined, if necessary, based on corrected VMG (corrected time/course distance) for the Wyntje Perpetual Trophy, performance shall be determined using the Low Point System.
15. **SAFETY AND RESPONSIBILITY:**
 - 15.1. The combination of wind, water and tide may mitigate against yachts of certain size and/or draft and it is the obligation of each yacht to decide when participating is both safe and prudent.
 - 15.2. Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The City Island Yacht Club will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the regatta
 - 15.3. Withdrawing boats MUST contact the Race Committee by VHF Channel 72 and continue to do so until responded to. Failure to follow this procedure may result in unnecessary search and rescue procedures.
16. **RADIO COMMUNICATIONS:**
 - 16.1. Each boat shall carry a VHF radio capable of transmitting and receiving on Channel 72.
 - 16.2. Except when seeking or rendering assistance a boat shall neither make radio transmissions while racing nor receive special communications not simultaneously available to all boats. Contestants may not receive special weather, current or navigational information except by broadcast from a publicized source available to all competitors. Internet use is allowed for accessing all information publicly available at no fee.
 - 16.3. The Race Committee will endeavor to make courtesy announcements before and during the starting sequence on VHF Channel 72. All boats are encouraged to monitor this Channel prior to and during the start.
17. **PRIZES:** Prizes will be announced at the conclusion of the race and presented at the City Island Yacht Club Awards Brunch November, 2023. The following prizes will be awarded:
 - 17.1. The Commodore Findlay Corsair Perpetual Trophy shall be awarded to the boat with the best overall performance in a Spinnaker Division.



- 17.2. The C. Richard O'Leary Perpetual Trophy shall be awarded to the boat with the best overall performance in a Non-Spinnaker division.
- 17.3. The WYNTJE Perpetual Trophy will be awarded to the boat with the best overall score in the Women Skippers' Race and the City Island Yacht Club Day Race held on Sunday August 13, 2023.
- 17.4. DIVISION TROPHIES: First, Second and Third place trophies will be awarded in each division.

18. **MANAGEMENT:** The Race Committee shall have the authority to interpret the rules and conditions of the race, to assign boats to divisions, to decide protests and to reject the entry of any boat.

19. **WELCOME:** The privileges of the City Island Yacht Club are extended to all participating boats. A limited number of complimentary guest moorings will be available from August 11th until August 14th to competitors in the August 12th Women Skipper's Race and/or the August 13th Day Race. Guest mooring reservations can be made by emailing the Dock Master, docks@cityislandyc.org or calling 718-885-2487. The City Island Yacht Club launch monitors Channel 72 and is available 24/7.

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