

Organized by Cedar Point Yacht Club, Westport, CT

# SAILING INSTRUCTIONS

Hosting: J/105 East Coast Championships 2012

#### 1. Rules

- 1.1 The regatta will be governed by the "rules" as defined in The Racing Rules of Sailing.
- Boats shall be equipped with a VHF radio capable of 1.2 transmitting and receiving on channel 77.
- All boats shall comply with class one-design rules. 1.3

#### 2. **Notices and Communications to Competitors**

- 2.1 Notices to competitors will be posted on the Official Notice Board located on the south wall of the CPYC clubhouse.
- Race committee broadcasts will be made over VHF 2.2 channel 77.
- 2.3 Race committee broadcasts concerning its intentions, the course to be sailed, starting times, course changes, etc. are a courtesy only. Failure of the race committee to make a broadcast, the timing of a broadcast, or the failure of a boat to hear a broadcast will not be grounds for redress.

#### 3. **Changes to Sailing Instructions**

- Any change to the sailing instructions will be posted 3.1 before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.
- Any posted changes will be announced over VHF 3.2 channel 77 at 0900, and repeated as necessary.

### Signals Made Ashore

- Signals made ashore will be displayed from the CPYC
- When flag AP is displayed ashore, removing it means that either an abandonment signal will follow immediately, or a race signal will be made on the water, no less than 60 minutes after removal. This changes race signal AP.

#### 5. Schedule of Races

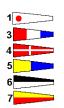
- 5.1 The number of races for each class will be determined by the race committee.
- The first warning signal for the first race is scheduled 5.2 for 1100 each day.

- Flag H displayed from the race committee signal boat 5.3 at the finish means "No more races today - return to shore".
- 5.4 No warning signal will be made after 1500 on Sunday.

### Class Flags

Class flags are as follows:

<u>Class</u>	<u>Class Flag</u>
J/105	Numeral pennant "1"
Farr-30	Numeral pennant "3"
J/109	Numeral pennant "4"
Beneteau 36.7	Numeral pennant "5"
J/30	Numeral pennant "6"
J/80	Numeral pennant "7"



#### Racing Area 7.

- 7.1 The racing area will be approximately 2 to 4 miles southeast of the mouth of the Saugatuck River.
- 7.2 High tides. Saturday: 0947 Sunday 1044

#### 8. The Course

- 8.1 The course for each race will be windward-leeward with a specified number of legs. All marks shall be left to port.
- 8.2 The number of legs to be sailed and the approximate magnetic bearing and distance in nautical miles to the first mark will be displayed from the race committee signal boat prior to the warning signal for each race. The race committee will also announce the course over VHF channel 77 prior to the warning signal for each race.

#### 8.3 **Course Example**

2	1
	•
4	1
	1

245 magnetic from starting line to first mark. One point one mile from starting

line to first mark. Four legs (windward leeward windward leeward to finish.

5





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### 8.4 Course Diagram (see Appendix I)

#### 9. Marks

9.1 The starting mark will be a staff with a CPYC burgee on an orange ball.

Mark 1 will be a large orange inflatable.

The offset mark (1a) will be an orange ball.

Marks 2S and 2P will be large green inflatables.

The finish mark will be an orange ball.

9.2 A new mark, as provided in instruction 12.1, will be a large orange inflatable with a black band.

#### 10. The Start

- 10.1 Races will be started using Rule 26. The warning for each succeeding class will be made after the preceding start (no rolling starts).
- 10.2 After the first race of the day, classes will start subsequent races as they finish. Class starts will be announced on VHF channel 77.
- 10.3 Except after a postponement or general recall, the race committee will alert competitors to upcoming warning signals on VHF channel 77.
- 10.4 No boat may start more than 4 minutes after her starting signal.

#### 11. Recalls

- 11.1 As a courtesy to competitors, when an individual recall is signaled, the race committee will attempt to hail the sail numbers(s) of the boat(s) that are over early on VHF channel 77.
- 11.2 When a starting penalty of rule 30 is in effect, the race committee will attempt to hail sail numbers during the minute before the start.
- 11.3 The timing and order of such hails or the failure of a boat to hear the hail will not be grounds for redress.

### 12. Change of the Next Leg of the Course

- 12.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2 If a new (windward) mark is to be used before a warning signal is made for any class, the race committee signal boat will display code flag "C" before the warning signal, and throughout the starting sequence.

#### 13. The Finish

13.1 The finishing line will be between a staff displaying a yellow flag on a race committee boat and the course side of the finishing mark.

13.2 For courses with an even number of legs (downwind finish), the finishing mark will be on the opposite side of the signal boat from the starting mark.

### 14. Time Limit

- 14.1 The time limit for the first boat to sail the course and finish in each race will be 2 hours.
- 14.2 Boats still racing more than 20 minutes after the first boat in their class sails the course and finishes will be scored TLE, and will receive two more points than the number of finishers. This changes rules 35, 63.1, A4, A5 and A11.

### 15. Protests and Requests for Redress

- 15.1 Protest forms are available at the race office. Protests shall be delivered there within 60 minutes after the race committee signal boat docks. The docking time will be posted on the Official Notice Board.
- 15.2 Notices will be posted within 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Protests will be heard in the approximate order of receipt in the race office as soon as practical.
- 15.3 Breaches of instruction 17 will not be grounds for protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

#### 16. Scoring

- 16.1 When at least 5 races have been completed, a boat's series score will be the total of her race scores excluding her worst score, subject to rule 89.3(b).
- 16.2 One race must be completed to constitute a regatta.

### 17. Safety

- 17.1 Prior to the warning signal for the first race of each day in which it intends to compete, each boat shall sail by the signal boat, and check in by hailing its sail number until acknowledged by the race committee.
- 17.2 A boat retiring from a race or leaving the racing area early shall promptly notify the race committee either by hail, on VHF channel 77, or by telephone, or in person, to the CPYC Club Manager at (203) 226-7411.
- 17.3 Government buoy G"1" (Georges Rock) marks a dangerous rock and reef between CPYC and the racing area. Please consult your chart.

#### 18. Prizes

Prizes will be awarded to the top finishers in each class in accordance with division size.

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## Appendix I – Course Diagrams

