



Manhasset Bay Challenge Cup October 7–8, 2023 SAILING INSTRUCTIONS

1. Rules—
 - a. The regatta will be governed by the rules as defined in the current Racing Rules of Sailing (RRS), the applicable Class Rules and the Notice of Race (the “NOR”) which includes a copy of the Declaration of Trust (the “DOT”).
 - b. Ideal 18 class rules apply except that the same number of crew must sail each race, which changes Ideal 18 Class rule 13.4.
 - c. RRS 63.7 will be replaced with: “if there is any conflict between the SI and the NOR, the SI will apply.”
 - d. RRS 61 is amended to add the following: A boat is required to inform the Race Committee finish boat immediately after finishing of its intention to protest another boat and provide the sail number of the protested boat.
 - e. Each boat must check in at the Committee boat before the start of the first race.
 - f. When code flag F is flown prior to the warning signal, no spinnakers shall be used during that race.
2. Notices to Competitors – Any changes to the Sailing Instructions (SIs) will be posted on the Regatta Official Notice Board in the clubhouse at Manhasset Bay YC and on yachtscoreing.
3. Schedule –A series shall be not less than three nor more than five races as determined by the Race Committee. The Competitors meeting shall take place at 0900 on October 7, 2023, followed by a Harbor Start at 0930 and a First Warning at 1030. If conditions do not permit the completion of at least three races on Saturday, October 7, racing may continue Sunday, October 8 with a Harbor Start at 0930 and a first warning at 1000. No warning signal will be made after 1500 on Sunday, October 8.
4. Racing Area – The racing area will be Manhasset Bay and western Long Island Sound, west of Execution Rocks.
5. Course – The courses will be set in accordance with Article IX of the DOT with all marks rounded to port and shall be signaled or otherwise designated by Race Committee in accordance with RRS 27.1 before the warning signal. As stated in Article IX of the DOT, courses shall be not less than four or more than eight miles in length and there shall be a minimum of three legs and a maximum of six legs.
6. Marks – Marks will be orange tetrahedrons. Alternatively, colored “hippity-hops” or Cow Bay Racing marks may be used.
7. Start & Finish Lines – The start and finish lines will be between an orange flag on the Race Committee Signal boat and a nearby mark on the port side of the RC Signal boat.

8. Starting Sequence – RRS Appendix U will be used with the following audible signals:

Attention		5 short sounds
Warning	5 minutes	1 long sound
Preparatory	4 minutes	1 long sound
	1 minute	1 long sound
Start	0 seconds	1 long sound

Boats not starting within 4 minutes of the starting signal will be scored DNS.

9. Time Limit – The time limit for each race is two (2) hours. Any boat that does not finish within the time limit shall be scored DNF.

10. Protests – Protests shall be written and filed at the front desk of Manhasset Bay YC. The Protest time limit shall be 45 minutes after Race Committee arrives at MBYC and shall be posted on the Notice Board in the Clubhouse.

11. Scoring – A boat's series score will be the total of her race scores (no scores excluded).

12. Responsibility for Safety – No competitor shall use alcoholic beverages at any time while on the water. As a condition of participation of any boat or participant in any race or related activity sponsored or undertaken by the Manhasset Bay Yacht Club: the helmsman of each boat agrees that the safety of the boat and the crew and the decision whether or not to start or to continue racing is solely their responsibility, and each of them waives all claims which he or she or any heir or representative, successor or assignee, may have against the Manhasset Bay Yacht Club, and its officers, trustees, committees, members, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat and crew including safety equipment, rigging, and wearing of personal buoyancy. Assistance from the Race Committee, patrol boats or other support boats and from personnel manning them is at the risk of the participant.

Challenge Cup PRO: Susan R. Miller

Event and Regatta Co-Chairs: Rita and Vince Syracuse