



**DEMAREST LLOYD PURSUIT RACE**  
**Sailing Instructions**  
**Saturday, June 10, 2023**  
**OA - New Bedford Yacht Club**

- 1. RULES**
  - 1.1. All races will be governed by the current Racing Rules of Sailing.
  - 1.2. No spinnakers or other free flying headsails are allowed.
- 2. CHANGES TO THE SAILING INSTRUCTIONS**
  - 2.1. Any change to the sailing instructions will be posted on the official notice board before 0830 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3. COMMUNICATION WITH THE COMPETITORS**
  - 3.1. Notices to competitors will be posted on the Race Committee bulletin board located near the Commodores' parking area.
  - 3.2. The RC will endeavor to decide no later than 0800 hours 6/10/23 whether to run a scheduled race.
  - 3.3. All competitors are encouraged to contact the NBYC to learn the status of the day's race.
  - 3.4. On the water the race committee intends to use VHF channel 69 to communicate with competitors.
- 4. CODE OF CONDUCT**
  - 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 5. SIGNALS MADE ASHORE**
  - 5.1. Signals made ashore will be displayed on the NBYC flagpole indicating postponement or abandonment of the day's racing.
  - 5.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the race signal AP.
- 6. SCHEDULE**
  - 6.1. Warning sound for the first boat will be at 0955 hours Saturday, June 10, 2023.
- 7. CLASS FLAG**
  - 7.1. Class flag is Numeral Pennant 3
- 8. COURSE AND MARKS**
  - 8.1. The course will start at Mark "Z", approximately 0.6m south of the Padanaram breakwater, pass through Quicks Hole and finish at Bell #1, immediately outside the breakwater at Menemsha Harbor (when bearing 90° to port).
  - 8.2. Distance is 14.6 miles.
- 9. RESTRICTIONS**
  - 9.1. All yachts must pass east of C1 (Hussey Rock) and east of G5 (Dumpling Rock).
- 10. OFFICIAL VESSEL**



- 10.1.**
11. **TheSTART**
- 11.1.** The start is a pursuit start.
- 11.2.** The starting line will be between a staff on the committee boat displaying an orange flag and the starting mark.
- 11.3.** A horn will be sounded at the start of each subsequent boat. ***SKIPPERS MUST OBTAIN THEIR STARTING TIME AT THE CLUB OFFICE PRIOR TO THE START OF THE RACE.***
12. **FINISH**
- 12.1.** The finish will be between a staff on the committee boat displaying an orange flag and Bell #1 immediately outside the breakwater at Menemsha Harbor.
13. **TIME LIMIT**
- 13.1.** The first boat must finish 6 hours after the warning signal
- 13.2.** The last boat must finish 8 hours after the warning signal.
14. **SCORING**
- 14.1.** The Low Point Scoring System of Appendix A will apply.
- 14.2.** The full time allowance will be allotted at the start.
15. **PENALTIES WHILE RACING**
- 15.1.** For all classes, the Scoring Penalty, RRS 44.3, will apply for penalties at the time of the incident. The penalty will be 10% with a minimum loss of one place. However, when a boat may have broken a rule of Part 2 while in the zone around a mark other than a starting mark, her penalty shall be 20% with a minimum loss of two places. A yellow flag or streamer must be attached to the backstay of the boat accepting fault promptly after the incident to indicate her desire to take a penalty. Notify the Race Committee at the finish.
- 15.2.** Rules 44.1(a) and (b) apply.
16. **POST RACE PENALTIES**
- 16.1.** A boat that may have broken a rule of Part 2 or rule 31 while racing may take a Post-Race Penalty for that incident. However, rules 44.1(a) and (b) apply. The penalty shall be a Scoring Penalty as stated below:
- 16.1.1. 20% or a minimum loss of two places, if taken before the protest time limit, or
- 16.1.2. 30% or a minimum loss of three places, if taken after the protest time limit but before the beginning of a hearing involving the incident. (c) **Inform the Race Committee in writing.**
17. **PROTESTS AND REQUESTS FOR REDRESS**
- 17.1.** A yacht that intends to protest another yacht shall display her protest flag for one hour after the incident. This changes RRS 61.1(a).
- 17.2.** Requests for Hearings shall be delivered two hours after the time that the yacht finishes by email to [racecommittee@nbyc.com](mailto:racecommittee@nbyc.com)



**17.3.** Protest notices will be posted on the Official Notice Board to inform competitors when & where there is a hearing in which they are parties or witnesses; the weekend following the race.

**17.4.** The Protest Committee may assess time penalties in lieu of disqualification. Such penalties will be applied to the corrected time.

**18. SAFETY REGULATIONS**

**18.1.** [NP] A boat shall check in before her first race of each day by hailing the race committee signal vessel with her sail number and the number of souls on board. Check in is not permitted by VHF. A boat is not considered check in until she receives an acknowledgement from the signal vessel. A boat failing to check in will receive a 20% scoring penalty as calculated in RRS 44.3 for each race in which a breach occurs, without a hearing. This changes RRS 63.1 and A5.

**18.2.** [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity by VHF radio or hail.

**18.3.** Boats requiring assistance shall contact the signal vessel with the sail number, location, and nature of the emergency including description of any injuries.

- NBYC Race Committee monitors VHF Channel 69
- NBYC office monitors VHF Channel 68; Phone (508) 997-0762
- Dartmouth Harbormaster monitors VHF Channel 9; Phone (508) 999-0759
- St. Luke's Hospital; Phone (508) 997-1515
- Menemsha Harbormaster monitors VHF Channel 9; Phone (508) 645-2846