



# SAILING INSTRUCTIONS

## 46th AROUND LONG ISLAND REGATTA

### July 27 – July 30, 2023

The notation “[NP]” in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a). The notation “[DP]” in a rule means that the penalty for a breach of the rule may be less than DSQ at the discretion of the protest committee. This modifies RRS 64.2.

### MANAGEMENT

The race is managed and hosted by the Sea Cliff Yacht Club. The Around Long Island Regatta (ALIR) Race Committee shall have the authority to interpret the rules and conditions of the race. The YRA of LIS Technical Committee will be utilized in the event a technical committee is required. The YRA of LIS Technical Committee can be reached at [techcomm@yralis.org](mailto:techcomm@yralis.org).

### RULES

The race will be governed by The Racing Rules of Sailing (RRS) and the prescriptions of the US Sailing Association (US Sailing). Appendix T, “Arbitration” will apply. RRS 51, “Movable Ballast,” will have the words “A canting keel may be used” added and RRS 52, “Manual Power” will have the words “The mechanism to cant the keel may be powered by other than manual power” added.

The current US Sailing Safety Equipment Requirements (SER) (see Equipment.) for Coastal races will apply. These requirements are available at <https://www.ussailing.org/competition/offshore/safety-information/ser-world-sailing-special-regulations/>. Note, while AIS is not required for 2023, it is recommended. AIS will be required in 2024.

**For PHRF boats**, the Performance Handicap Racing Fleet (PHRF) Regulations of the Yacht Racing Association of Long Island Sound (YRA of LIS) shall apply.

**For ORC boats**, the current ORC Rules shall apply.

**For Multihulls**, the New England Multihull Association (NEMA) Race Rules 2023 ([www.nemasail.org](http://www.nemasail.org)) shall apply except as any of these are altered by this Notice of Race or the Sailing Instructions.

**For non-spinnaker boats**, the PHRF Regulations are supplemented by the YRA of LIS Non-Spinnaker Regulations (see YRA of LIS “Handicap Racing Program” and/or [www.yralis.org](http://www.yralis.org)).

For boats wishing to be scored for the YRA Youth Challenge Cup, the following will apply:

- The boat shall comply with the rules for PHRF Events as stated in the YRA of LIS requirements for the Youth Challenge Cup (YCC) in the YRA LIS yearbook or on the YRA LIS website.
- It shall add the initials “YCC” after the boat’s name on the entry form
- Owners must provide to the Race Committee, when requested, the crew roster and birthdates of each crew member
- At least 25% of the crew (rounded to the nearest whole number) shall not be older than 18 years old in 2023.

For boats in the double-handed division, the following will apply:

- Only monohull boats are eligible. They will use PHRF – Time on Distance and score as their own fleet
- Each boat will hold a valid YRA of LIS Double-Handed Rating Certificate
- Crew is limited to 2 persons; one person must be at least 18 years old
- Double-handed are NOT eligible for the Youth Challenge Cup
- Wind vanes and/or autopilots may be used without penalty – this changes RRS 52.
- Safety line (jack lines) will be well secured at each end and on each side of the boat and rigged throughout the race
- Double-handed division boats are permitted to utilize radio communication among vessels in the division while racing – this changes RRS 41.

## **EQUIPMENT**

Boats shall have self-righting hulls (except multihulls), shall be properly rigged and ballasted, shall be fully seaworthy and shall comply with the current SER for Coastal Races (<https://www.ussailing.org/competition/offshore/safety-information/ser-world-sailing-special-regulations/>).

## **ELIGIBILITY**

The race is open to monohull and multihull boats that are either at least 24 feet in overall length, or PHRF rating 150 or faster. Each monohull boat shall hold a valid YRA of LIS PHRF rating certificate or an ORC Club or ORCi certificate (or both). For boats without a valid YRA of LIS PHRF rating certificate they can join the YRA of LIS to obtain one. Multihull boats must hold a valid NEMA rating certificate. Rating certificates can be obtained at [yralis.org](http://yralis.org) or [nemasail.org](http://nemasail.org).

For Youth Challenge Cup boats, see "Rules".

Double-handed boats shall hold a valid YRA of LIS Double-Handed PHRF Certificate. Double-handed boats are not eligible for ORC or Youth divisions.

All boats racing ORC must have a valid ORC Club or ORCi certificate

## **NOTICES TO COMPETITORS**

Notices to Competitors and changes to the Sailing Instructions will be posted to Document's page of YachtScoring ([https://yachtscoring.com/event\\_documents.cfm?eid=15649](https://yachtscoring.com/event_documents.cfm?eid=15649))

## **SKIPPER & CREW MEETING**

There will be a Skippers & Crew Meeting at the Liberty House Restaurant, Jersey City, NJ on Wednesday, July 26, 2023 commencing at 2000 hours. The doors will open at 1900 hours. Light hors d'oeuvres will be served. ALIR Committee persons will make a short presentation and will be available to answer questions about sailing the ALIR

## **DIVISIONS**

Each boat will be assigned to an appropriate division. Monohull (spinnaker and non-spinnaker) and multihull boats will be assigned their own divisions. Boats submitting only an ORC Measurement Certificate (without a PHRF certificate) will be assigned to start in a PHRF division and score for only ORC trophies. Division assignments, ratings and time allowances will be established in the Scratch Sheet. Scratch Sheets will only be available online at

[https://www.yachtscoring.com/event\\_scratch\\_sheet.cfm?eid=14970](https://www.yachtscoring.com/event_scratch_sheet.cfm?eid=14970) no later than Tuesday, July 25, 2023 at 1700 hours.

## **TEAMS**

A team is made up of three boats. A boat may only be entered as a member of one (1) team. A team shall be registered on the Team Entry Form. A boat sailing both PHRF and ORC must specify, on the team entry form, which she would like to be scored in. In the absence of a specific division a boat will be scored PHRF. The entry fee for team participation is \$75 and can be purchased via [YachtScoring](http://YachtScoring) at Purchase Tickets and Other Items. Team Entry Forms are available on the web at <https://www.yachtscoring.com/emenu.cfm?eid=15649>. Team Entry Forms must be submitted by email to [alir@seacliffyc.org](mailto:alir@seacliffyc.org) with Team Entry in the Subject prior to 1200 hours on Thursday, July 27, 2023.

## **COURSE**

**AGAIN FOR 2023** - The course is from the Start (see above) out New York Harbor, under the Verrazano Bridge, to **Ambrose Channel Red Bell Q R "14" (to port)**, east to Montauk Point, across to Long Island Sound and to the finish off the Glen Cove Breakwater in Hempstead Harbor. All government marks and station buoys except Ambrose Channel Red Bell Q R "14" may be disregarded at the discretion of each boat. The course will be considered 207 nm for scoring purposes unless the start is moved closer to the finish. **COMPETITORS ARE REMINDED THAT COMMERCIAL TRAFFIC HAS THE RIGHT-OF-WAY.**

## **CHECK-IN**

[NP] In order to "check-in", all boats shall text message their Boat Name, Sail Number and Division beginning 1000 hours on July 27, 2023 to 516-945-9209. There may be no confirming reply so please only text once. If you are not starting, please indicate DNS in the text message. There will be no VHF check-in.

## **COMMUNICATIONS**

All vessels must be equipped with an operating VHF radio. Announcements at the start will be on Channel 71. The Regatta Desk at the finish will be on Channel 69.

Any boat that withdraws from the race after the start shall attempt to notify the Race Committee by telephone (516-945-9209). For communication while rounding Montauk Point Lighthouse please see "Montauk Rounding."

**Boats not finishing by 1200 hours on Sunday, July 30, 2023 shall call the Regatta Desk by telephone (516-945-9209) and provide their location. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIRs AND/OR OTHER SANCTIONED REGATTAS. VESSEL'S MASTER/OWNER MAY ALSO BE SUBJECT TO SIGNIFICANT FEDERAL AND LOCAL PENALTIES AND FEES.**

## **INSPECTION**

It is the responsibility of the owner and/or Master of each boat to see that his/her boat is seaworthy in all respects and that she is manned by a competent crew. The Race Committee reserves the right to inspect any boat before or after the race and to reject the entry or disqualify any boat violating the letter or spirit of this requirement.

## **HULL DECALS**

[NP] Hull decals will be provided and shall be applied on the port and starboard bow topsides. They will be distributed at the Skipper & Crew Meeting at Liberty Landing Marina on Wednesday, July 26, 2023 and will also be available for pickup at Sea Cliff Yacht Club on Saturday and Sunday, July 22 (0900 to 1600) & July 23 (1100 to 1600). See Yachtscoring/Race Documents for application instructions.

## **SAIL NUMBERS & IDENTIFICATION**

All boats must have sail numbers. Temporary tape numbers are acceptable, however they must be applied to all sails as defined in Appendix G of the RRS. In addition to the required sail numbers, each boat shall fly from her backstay the International Numeral Code Flag(s) (1, 2, 3 etc.) corresponding to the division the boat is assigned.

## **CREW**

All boats shall carry a crew of a minimum of four (4) persons, except participants in the double handed division shall have a crew of exactly two. Skippers are asked to register their crews at Crew List on [www.yachtscoring.com](http://www.yachtscoring.com).

## **RACE TRACKING & AIS**

[NP] All boats shall carry and have on at all times while racing, a KATTACK compatible tracking device. Skippers may download the Kattack App for iOS (iPhone) or, in the alternative, use their own SPOT or InReach Tracking System device. Skippers are expected to download and run the Kattack App (one per boat) or notify Race Headquarters by email ([alir@seacliffyc.org](mailto:alir@seacliffyc.org)) prior to 1700 on Monday, July 24, 2023, that they will be using their own device and register the boat name and device URL with Race Headquarters. For boats with an operational AIS transponder (an AIS transponder will be required in 2024), the transponder shall be switched on, such that it is transmitting and receiving throughout the race. Failure to comply with this requirement is subject to protest by the Race Committee only.

## **THE START**

The race will be started using the starting system shown here with multiple divisions starting as a group. Divisions and starting groups will be established on the Scratch Sheet. If there is a conflict between a boat's PHRF division starting time and it's ORC division starting time then the PHRF division starting time will take precedent. Starting groups will be started 10 minutes apart. The International Numeral Code Flag(s) for the divisions starting as a group (i.e. divisions 1, 2, 3, etc.) will be hoisted at the warning signal for the group. The warning signal for the first starting group is scheduled for 1200 hours, the warning signal for the second starting group is scheduled for 1210 hours, 1220 hours etc. This modifies RRS 26.

Warning	Division flags (1, 2, 3 etc. hoisted simultaneously) raised, and 1 sound signal 5 minutes before the start.
Preparatory	"P" flag raised (removed 1 minute before the start), and 1 sound signal 4 minutes before the start.
One Minute Before Start	"P" flag removed with 1 long sound signal.
Start	Division flags removed, 1 sound signal at the start.

There will be five minutes between the start of one group and the Warning signal of the next.

## **STARTING LINE AND STARTING**

The starting line will be at approximately .25 NM northeast of Ellis Island in New York Harbor. The starting line will be between an orange flag on the Honorable Willie Wall (signal vessel) and an orange starting line flag on a pin end vessel displaying a blue Race Committee flag. If necessary, the Race Committee may hoist Flag L and move the start to the south. In this case the vessel displaying the blue Race Committee flag will become the signal vessel and another vessel or orange tetrahedron will become the other end of the starting line.

## **POSTPONEMENTS**

Any postponement of the start will be for five (5) minutes or multiples thereof and will be signaled by Flag AP (the Answering Pennant) and two (2) sound signals. All starting groups not started are postponed. The new Warning Signal will be made one (1) minute after removal of "AP". The starting order of un-started groups will be unaltered.

## **RECALLS**

After an individual recall, the Race Committee will promptly display Flag X, accompanied by one (1) sound signal. The Race Committee may attempt to hail recalled boats on VHF channel 71, but IT IS THE RESPONSIBILITY OF EACH BOAT TO MAKE A PROPER START. A General Recall of a group will be signaled by the Flag First Substitute and two (2) sound signals. The new Warning Signal for the recalled group will be made one (1) minute after the lowering of the First Substitute with one (1) sound signal.

## **CANCELLATION AND ABANDONMENT**

If the race is canceled prior to the start, in addition to the standard signal, the Race Committee shall announce the cancellation on VHF Channel 71. If the race is abandoned after the start of any group, the Race Committee shall announce the abandonment on VHF Channel 16. (Modifies RRS 32).

## **MONTAUK ROUNDING AND APPROACHING THE FINISH**

As soon as possible after Montauk Point Light bears 270° magnetic, each boat is requested to report her "rounding time" by calling the Regatta Desk (516-945-9209). If the telephone transmission is not clear, please call again at a later time to confirm that the rounding time has been recorded properly. A boat shall give her name, sail number, division, and "rounding time".

**Each boat is requested to report her approach to the finish by hailing the Finish Boat on VHF channel 69.**

## **FINISH LINE AND FINISHING**

The finish line will be between a blue flag on the finish vessel and the light on the WEST end of the Glen Cove Breakwater. Please note that the Glen Cove Breakwater extends about 25 FEET WEST of the light at its end. The finish vessel shall display a Sea Cliff Yacht Club burgee and a blue Race Committee Flag.

**When approaching the finish line, it is requested that a boat flash a light on her sail numbers (if dark) to assure that the boat's identity has been properly established and hail the Finish Boat with her name, sail number and division on VHF Channel 69.**

## **WITHDRAWAL**

**Any boat withdrawing from the race shall notify the Race Committee by telephone (516-945-9209) as soon as possible. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIR AND/OR OTHER SANCTIONED REGATTAS.**

## **PROTESTS**

Protests shall be delivered to the Regatta Desk at the Sea Cliff Yacht Club no later than two (2) hours after the finish time of the protesting boat. Protests shall be heard, if possible, at the Sea Cliff Yacht Club beginning at 1100 hours on Sunday, July 30, 2023. A list of protests received will be posted on the Official Notice Board and may be posted online at <https://www.yachtscoring.com/emenu.cfm?eid=15649>. After finishing, a boat may call the Regatta Desk by telephone (516-945-9209) to obtain a list of protests received. This list of protests will constitute "Notification" as described in RRS 63.2.

In the event of a PHRF Rating Compliance issue, the YRA of LIS Technical Committee can be contacted at [techcomm@yralis.org](mailto:techcomm@yralis.org)

## **ALTERNATIVE PENALTIES**

The Scoring Penalty, rule 44.3, will apply. In the case of a protest involving the rules of Part 2, the boat at fault, instead of being disqualified as a result of a hearing, may, at the option of the Protest Committee, have her elapsed time increased by 2%. The same applies to a boat that is OCS at her starting signal. This modifies RRS 64.2

## **SCORING & TIME ALLOWANCES**

PHRF time allowances will be “time on distance” based on YRA of LIS “distance race” ratings and a distance of 207 nautical miles. PHRF Double-handed classes are not eligible for PHRF Spinnaker fleet prizes. The ORC classes will be scored using Time-on-Time All-Purpose ratings. Multihull time allowances will be Time-on-Time according to NEMA ratings.

## **PRIZES**

**DIVISIONAL TROPHIES WILL BE AWARDED TO THE TOP THREE BOATS IN EACH DIVISION. THE FOLLOWING ADDITIONAL TROPHIES WILL BE AWARDED (others may be added):**

e-GAD Trophy (First to Start in Division 1)

First To Finish (Monohull & Multihull)

Wesley L. Bailey Trophy (Yacht Club with the most finishers)

Geoffrey A. Baker Trophy (Best corrected time by a Sea Cliff YC boat)

Our Lady Trophy (Best performance in her division by a Sea Cliff YC boat)

Bohemia Trophy (Best performance by a first time ALIR participant)

Good Old Boats (Best corrected time by PHRF & PHRF Non-Spinnaker boats 25 years old and older)

Team Trophies

Youth Challenge Cup (Best performance by a Youth boat)

Norvin & Martha Rieser Perseverance Trophy (Skipper who has sailed the most ALIR's but not won this trophy in previous 5 Regattas)

Jack Sussi Academy Trophy (top Academy boat)

Fleet Trophies (PHRF Spinnaker, PHRF Non-Spinnaker, PHRF Double-Handed, ORC, & Multihull)

John B. Thompson, Jr. Trophy (top ORC boat)

Jack Tar Trophy (Chief of the foredeck on ALIR Trophy winning boat)

ALIR Trophy (top PHRF Spinnaker Fleet boat) – Double-Handed, Non-Spinnaker, ORC & Multihull are not eligible for this trophy

## **AWARDS PRESENTATION & PARTY**

Awards will be presented at the Award Celebration Party on Sunday, July 30, 2023 at Sea Cliff Yacht Club. The party will begin at 1400 hrs. The awards presentation will begin at approximately 1700 hrs. Tickets are available in advance at the Regatta Desk or at the door.

## **WEB SITE & FACEBOOK**

The ALIR Committee will post information regarding the race (i.e. Notice of Regatta & Sailing Instructions, Notices to Competitors, Scratch Sheets, Results, etc.) on its [YachtScoring](#) page.

Like us on Facebook at <http://www.facebook.com/aroundlongislandregatta>

### **The Sea Cliff Yacht Club, Ltd.**

Commodore – Steve Feinsilver

Vice Commodore – Keith Maler

Rear Commodore – Shana Spanier-Ciniski

Secretary – Eric Hamm

Treasurer – Anthony Dekkers

ALIR Co-Chairs—Shana Spanier-Ciniski & Keith Maler

ALIR Principal Race Officer – Douglas Wefer

42 The Boulevard, Sea Cliff, NY 11579

Office: (516) 671-7374 · Fax: (516) 671-2509

Regatta Desk: (516) 945-9209 (Monday, July 24th – Sunday, July 30th, only)

Website: <https://www.alir.org> · Email: [alir@seacliffyc.org](mailto:alir@seacliffyc.org)