



Cedar Point Yacht Club

Sailing Instructions – Fixed Mark Race Area

1. Rules

- 1.1. All races shall be governed by the rules as defined in The Racing Rules of Sailing for 2021-2024, class rules (which for boats in PHRF handicap racing are the PHRF Regulations of the YRA of Long Island Sound and the US Sailing Special Equipment Requirements for Near-Shore Races), the CPYC 2022 Notice of Race, and these Sailing Instructions. In case of conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions shall apply.
- 1.2. Amendments to these Sailing Instructions shall be posted on the official notice board on the south wall of the CPYC clubhouse and may be available on the CPYC website (<http://www.cedarpointyc.org>).
- 1.3. These Sailing Instructions shall govern racing that is conducted in the vicinity of CPYC fixed racing marks and beyond, by PHRF racers and other CPYC fleets that choose to race under 'fixed-mark' sailing instructions. These instructions do not apply to sailing conducted under 'LIMA' or 'Dinghy' sailing instructions.
- 1.4. The first two sentences of Rule 44.1 are changed to "A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or Rule 31 in an incident while racing."

2. Check-In and Safety

- 2.1. Prior to the warning signal for the first race of the day in which it intends to compete, each boat shall check in with the Race Committee (RC) according to one of the following procedures:
 - 2.1.1. Pass by the stern of the RC vessel, leaving the race committee signal vessel to its starboard side, hail its number and division number and be acknowledged by the RC, OR
 - 2.1.2. Hail the RC using VHF channel 78 providing its sail number and division number and be acknowledged by the RC.
 - 2.1.3. Boats that fail to comply with either 2.1.1 or 2.1.2 may be scored DNS without a hearing. This changes RRS A4.1.
- 2.2. A boat shall notify the RC or CPYC staff at the first reasonable opportunity if it withdraws from a race or departs early from the race course. The RC monitors channel 78 and CPYC staff monitor channel 78.
- 2.3. All boats shall carry safety equipment prescribed by their respective classes, fleets and government regulations.

3. Notices to Competitors

- 3.1. Notices to competitors shall be posted on the official notice board.
- 3.2. Competitors may receive notices from the RC concerning safety, notice of on course side (OCS) boats, and general information to assist in the management of the event by hail and/or VHF channel 78.

4. Changes to Sailing Instructions

- 4.1. Any written change to these sailing instructions shall be posted on the official notice board and signaled by displaying flag Lima at least 90 minutes before the first scheduled warning signal on the day it will take effect.

5. Signals Made Ashore

- 5.1. Signals made ashore shall be displayed on the CPYC flagpole.
- 5.2. When postponement flag AP is displayed ashore, the stated time interval from its removal to the warning signal '1 minute' is replaced by 'not less than 60 minutes'. When one or more class flags are displayed with AP, only starts for those classes so designated shall be postponed. This changes Race Signal AP.

6. Schedule of Races and Starting Times

- 6.1. The schedule of races and the time of the first warning signal are indicated in the Notice of Race.
- 6.2. For all classes racing, additional races may be held on any day at the sole discretion of the RC.

7. Racing Area

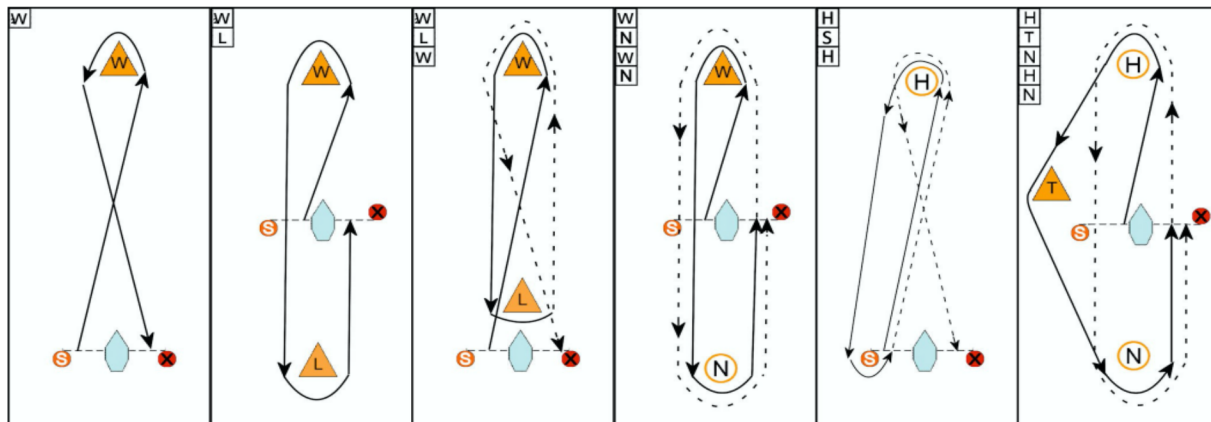
- 7.1. The racing area will be southeast of CPYC, starting in the vicinity of the fixed racing marks described below.

8. Class Flags

- 8.1. PHRF boats shall prominently display the appropriate numeral pennant for their division.

9. Courses

- 9.1. Courses may be displayed on a RC signal vessel using letters, posted vertically, to designate the marks, or may be announced on VHF channel 78, before the warning signal. Unless qualified as described by 9.2, boats shall pass each mark in descending order leaving them on the same side as the starting mark S and then finish at X.
- 9.2. Each letter of the course may be followed by either “P” or “S” indicating the side to which the mark is to be left as it is rounded. For races to a destination away from CPYC, boats shall finish close-aboard the last mark signaled.
- 9.3. No later than the warning signal for each class, the Race Committee signal vessel may display the approximate compass bearing and distance to the first mark.
- 9.4. Course Examples: (marks posted vertically)



- 9.5. If the RC chooses to announce the course over VHF, it shall announce the course before the warning signal and again before the preparatory signal, using the phonetic alphabet, for example, Whiskey-Lima-Whiskey.

10. Marks

- 10.1. CPYC Movable marks, as described, that may be used:
 - “W” = Orange windward turning mark
 - “Y” = Yellow windward turning mark
 - “T” = Orange wing turning mark, location forms triangle between a windward and a leeward mark.
 - “L” = Orange leeward turning mark, location may be upwind or downwind of signal boat
 - “S” = Orange starting mark. May be used as a turning mark.
 - “X” = Finishing mark, located on side of the signal vessel opposite the starting mark.
- 10.2. CPYC Fixed marks, as shown on Course addendum, that may be used.
 - “A” = Orange shape (Lat N 041 06.857' / Lon W 073 17.526')
 - “B” = R “22”, Fl R 4s Bell off Southport
 - “C” = White shape, orange bands (Lat N 041 05.924' / Lon W 073 20.667')
 - “D” = White shape, orange bands (Lat N 041 05.557' / Lon W 073 21.002')
 - “E” = White shape, orange bands (Lat N 041 05.302' / Lon W 073 20.379')
 - “F” = R “24”, Fl R 4s Bell off Cockenoe (Lat N 041 04.524' / Lon W 073 19.774')
 - “G” = White shape, orange bands (Lat N 041 05.380' / Lon W 073 19.980')
 - “H” = White shape, orange bands (Lat N 041 05.508' / Lon W 073 18.755')
 - “I” = White shape, orange bands (Lat N 041 06.530' / Lon W 073 19.040')
 - “J” = White shape, orange bands (Lat N 041 05.907' / Lon W 073 18.418')
 - “K” = Orange shape (Lat N 041 06.483' / Lon W 073 18.477')
 - “M” = White shape, orange bands (Lat N 041 06.416' / Lon W 073 19.569')
 - “N” = White shape, orange bands (Lat N 041 06.232' / Lon W 073 20.159')
 - “P” = Orange shape (Lat N 041 05.911' / Lon W 073 17.187')
- 10.3. Government marks, as described, that may be used:
 - “AA” = R “18” Fl R 4s Bell off Point No Point, Stratford
 - “BB” = R “16” Fl R 4s Bell off Charles Island, Milford
 - “CC” = R “2” Fl R 4s bell off Stratford Shoal Middle Ground

- “DD” = G “11A” Gong off Old Field Point
- “EE” = “Y” Fl Y 4s Priv (Lat N41 00.616’ / Lon W073 17.298’)
- “FF” = G “13” Can off Eaton’s Neck
- “GG” = G “11B’ Fl G 4s Gong, 2.5 nm North of Eaton’s Neck
- “HH” = G “15” Fl G 4s Gong off Lloyd Point
- “KK” = R “32A” Fl R 2.5s Bell Midsound off Stamford
- “JJ” = N “34” Nun off Greenwich, Point
- “MM” = R “32” Fl R 2.5s Bell, Cows, off Stamford
- “NN” = R “28” Nun off Sheffield Island
- “OO” = R “26” Fl R 4s Bell. 0.8 nm east of Chimon Island

11. Areas That Are Obstructions

11.1. Several of CPYC fixed racing and Government marks are located near shore or in shallow water. Sailors are advised to be aware of their location on the race course, and consult current local charts for hazardous areas. Government Mark G “1” shall be passed on the channel side.

12. The Start

- 12.1. The start for each class/division may be displayed with the class/division insignia card on the race committee signal vessel.
- 12.2. The starting line shall be between an orange flag on the race committee signal vessel and the starting mark.
- 12.3. Races will be started using the audible-signal system as described in Table Exhibit A. Any race signal may be made by hail, loud horn, and/or broadcast on VHF channel 78. The race committee may choose to display optional visual signals in accordance with Exhibit A. Sound signals will be timed from their commencement and will govern, even if visual signals are also displayed. This replaces rules 26, and changes rules 29 and 30.

Table Exhibit A: Audible-signal starting system

<i>Signal</i>	<i>Optional visual signal</i>	<i>Sound signal</i>	<i>Time before start</i>
Class, course, mark bearing announced		Loudhail and/or VHF	Before the warning
Attention		Series of short sounds	Before the warning
Warning	Class flag	1 sound	5 minutes
Course re-announced		Loudhail and/or VHF	Before the Preparatory
Preparatory	P, I, Z, Z with I, U or black flag (if in effect)	1 sound, loudhail and/or VHF.	4 minutes
One-minute	P, I, Z, Z with I, U or black flag removed	1 long sound	1 minute
Start	Class flag removed.	1 sound	0

- 12.4. Failure to hear any hail or sound signal shall not be grounds for redress. This changes rule 62.1.
- 12.5. A boat starting later than four minutes after her starting signal shall be scored Did Not Start (DNS) without a hearing. This changes RRS 62, A4 and A5.

13. Recalls

- 13.1. If an individual recall is signaled, the RC may attempt to hail boat (s) that are OCS.
- 13.2. If starting penalty rule 30.1 is in effect, the RC may attempt to hail boats that are OCS during the minute before the starting signal.
- 13.3. The timing and order of such hails or failure to hear the hail will not be grounds for redress. This changes RRS 62.

14. Changes

- 14.1. If the RC changes the position of a movable mark, it or another mark shall be identified with a black band and the original mark shall be removed as soon as practicable. If a subsequent change is made, the black-banded mark shall be replaced with a mark of the original color without a black band.
- 14.2. When changing or shortening the course, one or more class flags displayed with the code flag means the course is changed or shortened only for the class(es) so designated. If no class flags are displayed, the change or shortening applies to all classes for which the nearby mark is a mark of the course.
- 14.3. If the RC changes the next leg of a course that is defined in part or whole by fixed marks, it shall indicate the letter of the next mark by visual signal, by hail, and/or by VHF radio transmission on channel 78. If the new mark is a moveable mark, the RC shall also comply with Rule 33. If the new mark is a fixed mark, RC shall also display code flag C with repeated sound signals. This changes Rule 33.

15. The Finish

- 15.1. The finishing line shall be between a blue flag on the RC signal vessel and the finishing mark X.

16. Time Limits

- 16.1. The time limit for Atlantic and other one design fleet racing is 1.5 hours. If at least one boat in a one-design class sails the course and finishes within the time limit, then boats still racing 30 minutes after the first boat in their class has finished shall be recorded as Time Limit Expired (TLE). TLE results are scored points equal to two more than the last finisher but not worse than Did Not Finish (DNF). This changes RRS 35, 63.1, A4 and A5.
- 16.2. The time limit for PHRF Weekend and Cup races is three hours. If at least one boat in a PHRF division sails the course and finishes within the time limit, then boats still racing 60 minutes after the first boat in their class has finished shall be recorded as Time Limit Expired (TLE). TLE results are scored points equal to two more than the last finisher but not worse than Did Not Finish (DNF). This changes RRS 35, 63.1 A4, and A5.
- 16.3. The time limit for PHRF Wednesday evening racing is 1.5 hours. If at least one boat in a division sails the course and finishes within the time limit, then boats still racing 45 minutes after the first boat in their division has finished shall be recorded as Time Limit Expired (TLE). TLE results are scored points equal to two more than the last finisher but not worse than Did Not Finish (DNF). This changes RRS 35, 63.1, A4 and A5.
- 16.4. The time limit for PHRF Navigator races is 5 hours. If at least one boat in a division finishes within that time limit, the race counts. SI 16.2 does not apply.

17. Hearing Requests (Protests and Requests for Redress)

- 17.1. A boat intending to protest shall follow the requirements of rule 61, and shall notify RC either upon finishing or at the first reasonable opportunity if unable to finish. This changes RRS 61.1(a).
- 17.2. The protest time limit is one hour after race committee dock time. Race Committee Dock time will be posted on the notice board on the south wall of the club house.
- 17.3. The "Race Office" is defined as the PRO. If the PRO is not available, the "Race Office" is defined as the chair of the Race & Regatta Committee. Hearing Requests may be delivered electronically via text or email to don.winston.pe@gmail.com. This changes RRS 62.2
- 17.4. Hearing Requests for redress shall meet the requirements of RRS Part 5 Rules 60 and 62
- 17.5. Notices shall be posted to inform competitors of hearings in which they are or might be parties. Notices shall be posted on the official notice board within 15 minutes after the end of the protest time limit if the hearings are to be conducted that day. Notices of hearings to be conducted later shall be delivered to competitors via email.
- 17.6. Breaches of instructions 2.1, 2.2 or 8 shall not be grounds for a protest by a boat. This changes RRS 60.1(a). Penalties for any breach of these rules may be less than disqualification if the protest committee so decides.

18. Scoring

- 18.1. Each class shall score races according to its published amendments, which shall describe the method of scoring of individual races, series, and the season; the number of races required to be completed to constitute a series; qualification criteria; methods for breaking ties; the scoring of guests; and such other matters as they publish.
- 18.2. Finishes shall not be recorded for a class with fewer than three starters.

19. Autopilots

- 19.1. Autopilots may be used by PHRF boats. This changes RRS 52