



SAILING INSTRUCTIONS

July 28th – July 31, 2016

Amended June 13, 2016

MANAGEMENT

The Regatta is managed by the Around Long Island Regatta Committee of the Sea Cliff Yacht Club (ALIR). The ALIR Race Committee shall have the authority to interpret the rules and conditions of the race.

RULES

The race will be governed by The Racing Rules of Sailing 2013-16 (RRS) and the prescriptions of the US Sailing Association (US Sailing). RRS 51, "Movable Ballast," will have the words "A canting keel may be used" added and RRS 52, "Manual Power" will have the words "The mechanism to cant the keel may be powered by other than manual power" added.

For PHRF boats the Performance Handicap Racing Fleet (PHRF) Regulations of the Yacht Racing Association of Long Island Sound (YRA of LIS) shall apply. For IRC boats the IRC Handicap Rule, Parts 1, 2 and 3 shall apply and for Multihulls the New England Multihull Association (NEMA) By-Laws shall apply except as any of these are altered by the Notice of Race or these Sailing Instructions. For non-spinnaker boats, the PHRF Regulations are supplemented by the YRA of LIS Non-Spinnaker Regulations (see YRA of LIS "Handicap Racing Program" and/or <http://www.yralis.org>). A boat's crew weight will be limited to that specified on its rating certificate (PHRF). IRC Rule 22.4 shall not apply. There will be no limitations on crew number or weight for IRC.

Boats may subscribe to and use Kattack mobile phone tracking software.

For boats racing in the Junior Division, the following will apply:

- The boat shall comply with the rules for PHRF Events as stated in the YRA of LIS requirements for the Junior Initiative Season Trophy in the YRA LIS yearbook or on the YRA LIS website.
- A participating Junior yacht shall fly code flag "Juliet" on its backstay in addition to its division flag.
- It shall add the initials "YC" after the yacht's name on the entry form
- Owners must declare the total number of crew and number of crew between 14 and 24 years old on the entry or by e-mail to the organizing authority prior to the start of the event
- At least one third of the crew shall be between 14 and 24 years old in a given calendar year with the breakdown as follows:

Total crew	Youth sailors (14-24 years old)
6	2
7	2
8	3
9	3
10	3
11	4
12	4

For boats in the double-handed division, the following will apply:

- Only monohull boats are eligible. They will use PHRF – Time on Distance and score as their own fleet
- Each boat will hold a valid YRA of LIS Double-Handed Rating Certificate
- Crew is limited to 2 persons; one person must be at least 18 years old
- Wind vanes and/or autopilots may be used without penalty
- Safety line (jack lines) will be well secured at each end and on each side of the boat and rigged throughout the race
- Double-handed division boats are permitted to utilize radio communication among vessels in the division while racing

EQUIPMENT

The “Minimum Equipment Recommendations” of the YRA of LIS for category “A” races will apply for all boats.

ELIGIBILITY

The race is open to monohull and multihull boats of at least 24 feet in overall length or PHRF rating 150 or faster. Each monohull boat shall hold a valid YRA of LIS PHRF rating certificate or an IRC rating certificate (or both). For boats without a YRA of LIS PHRF rating certificate a YRA of LIS “Guest” rating certificate can be issued by the YRA of LIS by joining the YRA of LIS as a Guest Member and then requesting a Guest PHRF rating (www.yralis.org). Multihull boats must hold a valid NEMA rating certificate.

For Junior boats, at least one third of their crew must be between the ages of 14 and 24, as of the day of the Start, as noted in “Rules”, above.

Double-handed boats shall hold a valid YRA of LIS Double-Handed PHRF Certificate. Double-handed boats are not eligible for IRC.

All boats racing IRC must have an IRC rating certificate. IRC boats rating PHRF 51 through 90 may provide “Standard” or “Endorsed” IRC rating certificates. All other boats racing IRC (PHRF 50 or faster) must provide an “Endorsed” IRC rating certificate with the exception of J-44s, J-120s and Farr 395s. The ALIR may add to this list of classes that are exempt from needing “Endorsed” certificates. Racing using IRC ratings will be offered for boats rating PHRF 91 and higher if there is sufficient interest, as determined by the ALIR Race Committee.

NOTICES TO COMPETITORS

Notices to competitors will be read on VHF Channel 69 near the start line at 1430 hours on July 28, 2016. Changes to the Sailing Instructions will NOT be read on VHF Channel 69. Notices to Competitors and changes to the Sailing Instructions will be posted to the YachtScoring page (<http://www.yachtscoring.com/emenu.cfm?eID=1505>).

SKIPPER & CREW MEETING

There will be a Skippers & Crew Meeting at the Sheepshead Bay Yacht Club, Brooklyn, NY on Wednesday, July 27, 2016 commencing at 2000 hours. A light dinner will be available prior to the meeting, beginning at 18:30 hours. Copies of these Sailing Instructions & Scratch Sheets will be available. ALIR Committee persons will be available to answer questions about sailing the ALIR.

DIVISIONS

Each boat will be assigned to an appropriate division. Monohull (spinnaker and non-spinnaker) and multihull boats will be assigned their own divisions. Boats submitting only an IRC Measurement Certificate (without a PHRF certificate) will be assigned to start in a PHRF division and score for only IRC trophies. Division assignments, ratings and time allowances will be established in the Scratch Sheet. Scratch Sheets will be available for pickup at the Skipper and Crew Meeting on Wednesday, July 27, 2016 and on the web at http://www.yachtscoring.com/event_scratch_sheet.cfm?eID=1505. Scratch Sheets will NOT be available from the Race Committee at the start.

TEAMS

A team is made up of three boats. A boat may only be entered as a member of one (1) team. A team shall be registered on the Team Entry Form. A boat sailing both PHRF and IRC must specify, on the team entry form, which she would like to be scored in. In the absence of a specific division a boat will be scored PHRF. The entry fee for team participation is \$75. Team Entry Forms are available on the web at <http://www.yachtscoring.com/emenu.cfm?eID=1505>. Team Entry Forms should be submitted by mail or by fax to 516-671-2509 prior to 1200 hours on Thursday, July 28, 2016.

COURSE

The course is from the Start (see below) leaving Montauk Point and Orient Point Lighthouse to port, to the finish off the Glen Cove Breakwater. All government marks and station buoys may be disregarded at the discretion of each boat. The course will be considered 190 nm for scoring purposes.

CHECK-IN

In order to “check-in”, all boats shall hail the Race Committee on VHF channel 69 up to 15 minutes prior to the first signal of the starting sequence. Please state your sail number, boat name and division.

COMMUNICATIONS

All vessels must be equipped with an operating VHF radio.

Any boat that withdraws from the race after the start shall attempt to notify the Race Committee by telephone (516-674-4320).

For communication while rounding Montauk Point Lighthouse please see "Montauk Rounding." The Race Committee may permit one or more of the participating boats to serve as a public broadcasting station during the race.

Boats not finishing by 1200 hours on Sunday, July 31, 2016 shall call the Regatta Desk by telephone (516-674-4320) and provide their location. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIRs AND/OR OTHER SANCTIONED REGATTAS. VESSEL'S MASTER/OWNER MAY ALSO BE SUBJECT TO SIGNIFICANT FEDERAL AND LOCAL PENALTIES AND FEES.

INSPECTION

It is the responsibility of the owner and/or Master of each boat to see that his/her boat is seaworthy in all respects and that she is manned by a competent crew. The Race Committee reserves the right to inspect any boat before or after the race and to reject the entry or disqualify any boat violating the letter or spirit of this requirement.

IDENTIFICATION

In addition to the required sail numbers, each boat shall fly from her backstay the International Numeral Code Flag(s) (1, 2, 3 etc.) corresponding to the division in which the boat is racing.

SAIL NUMBERS

All boats must have sail numbers. Temporary tape numbers are acceptable, however they must be applied to all sails as defined in Appendix G of the RRS.

CREW

All boats shall carry a crew of a minimum of four (4) persons, except participants in the double handed division shall have a crew of exactly two. Skippers are asked to register their crews with their entry on www.yachtscoring.com.

THE START

The race will be started using the starting system shown here with multiple divisions starting as a group. Divisions and starting groups will be established on the Scratch Sheet. If there is a conflict between a boat's PHRF division starting time and it's IRC division starting time then the PHRF division starting time will take precedent.

Starting groups will be started 10 minutes apart. The International Numeral Code Flag(s) for the divisions starting as a group (i.e. divisions 1, 2, 3, etc.) will be hoisted at the warning signal for the group. The warning signal for the first starting group is scheduled for 1500 hours, the warning signal for the second starting group is scheduled for 1510 hours, 1520 hours etc. This modifies RRS 26.

Warning	Division flags (1, 2, 3 etc. hoisted simultaneously) raised (removed at the start), and 1 sound signal 5 minutes before the start.
Preparatory	"P" flag raised (removed 1 minute before the start), and 1 sound signal 4 minutes before the start.
One Minute Before Start	"P" flag removed with 1 long sound signal.
Start	Division flags removed, 1 sound signal at the start.

There will be five minutes between the start of one group and the Warning signal of the next.

STARTING LINE AND STARTING

The starting line will be between a tetrahedron mark and a white flag on the Committee Boat, which will fly a Sea Cliff Yacht Club burgee and a blue Race Committee flag. The starting line will be at approximately 2.25 nm east-southeast of the light at the end of Rockaway Point, NY. The coordinates are approximately 40°31'30"N, 73°54'00"W. The Race Committee may place a "Starting Limit" mark in the vicinity of the Committee Boat. No boat shall pass between the "Starting Limit" mark and the Committee Boat.

POSTPONEMENTS

Any postponement of the start will be for five (5) minutes or multiples thereof and will be signaled by flag "AP" (the Answering Pennant) and two (2) sound signals. All starting groups not started are postponed. The new Warning Signal will be made one (1) minute after removal of "AP". The starting order of un-started groups will be unaltered.

RECALLS

After an individual recall, the Race Committee will promptly display code flag "X", accompanied by one (1) sound signal. The Race Committee may attempt to hail recalled boats on VHF channel 72, but IT IS THE RESPONSIBILITY OF EACH BOAT TO MAKE A PROPER START. A General Recall of a group will be signaled by the code flag First Substitute and two (2) guns. The new Warning Signal for the recalled group will be made one (1) minute after the lowering of the First Substitute with one (1) sound signal.

CANCELLATION AND ABANDONMENT

If the race is canceled prior to the start, in addition to the standard signal, the Race Committee shall announce the cancellation on VHF Channel 69. If the race is abandoned after the start of any group, the Race Committee shall announce the abandonment on VHF Channel 16. (Modifies RRS 32).

MONTAUK ROUNDING AND APPROACHING THE FINISH

As soon as possible after Montauk Point Light bears 270° magnetic, each boat is requested to report her "rounding time" by calling the Regatta Desk (516-674-4320). If the telephone transmission is not clear, please call again at a later time to confirm that the rounding time has been recorded properly. A boat shall give her name, sail number, division, and "rounding time".

As soon as possible after passing Mid-Sound buoy "32A" located between Oyster Bay and Stamford, each boat is requested to report her "passing time" by calling the Regatta Desk (see above).

FINISH LINE AND FINISHING

The finish line will be between a white flag on the Committee Boat and the light on the WEST end of the Glen Cove Breakwater. Please note that the Glen Cove Breakwater extends about 25 FEET WEST of the light at its end. The Committee Boat shall display a Sea Cliff Yacht Club burgee and a blue Race Committee Flag.

When approaching the finish line, it is requested that a boat flash a light on her sail numbers (if dark) to assure that the boat's identity has been properly established.

WITHDRAWAL

Any boat withdrawing from the race shall notify the Race Committee by telephone (516-674-4320) as soon as possible. FAILURE TO COMPLY WITH THIS REQUIREMENT MAY CAUSE NEEDLESS SEARCH AND RESCUE OPERATIONS TO BE COMMENCED AND MAY BE GROUNDS FOR REJECTING THE ENTRY OF THE OFFENDING BOAT'S MASTER FROM FUTURE ALIR AND/OR OTHER SANCTIONED REGATTAS.

PROTESTS

Protests shall be delivered to the Regatta Desk at the Sea Cliff Yacht Club no later than two (2) hours after the finish time of the protesting boat. Protests shall be heard, if possible, at the Sea Cliff Yacht Club beginning at 1100 hours on Sunday, July 31, 2016. A list of protests received will be posted on the Official Notice Board and may be posted online at <http://www.yachtscoring.com/emenu.cfm?eID=1505>. After finishing, a boat may call the Regatta Desk by telephone (516-674-4320) to obtain a list of protests received. This list of protests will constitute "Notification" as described in RRS 63.2.

ALTERNATIVE PENALTIES

The Protest Committee may apply a penalty of one (1) hour added to the elapsed time of a boat in lieu of disqualification for infringement of RRS 29 or 31, a RRS of Part 2 not involving damage to another boat or an infringement of Sailing Instruction – Starting Line and Starting.

TIME ALLOWANCES

PHRF time allowances will be "time on distance" based on YRA of LIS "distance race" ratings and a distance of 190 nautical miles. PHRF Double-handed classes are not eligible for PHRF Spinnaker fleet prizes. The IRC classes will be scored using the IRC Time Correction Factor using time on time. Multihull time allowances will be according to the NEMA By-Laws and a course length of 190 nm.

SCORING AND PRIZES

The AROUND LONG ISLAND REGATTA TROPHY shall be awarded to the boat with the best corrected time in the PHRF Spinnaker fleet. Double-Handed, Non-Spinnaker, IRC & Multihull are not eligible for this Trophy.

The JOHN B. THOMPSON, JR. TROPHY will be awarded to the boat with the best corrected time in the IRC fleet.

The WESLEY L. BAILEY TROPHY will be presented to the Yacht Club with the most boats finishing the race. A boat may designate its Yacht Club on the Entry Form.

The JACK TAR TROPHY will be presented to the Chief of the foredeck crew of the AROUND LONG ISLAND REGATTA TROPHY winner.

The HERO TROPHY will be presented at the discretion of the Race Committee.

The OUR LADY TROPHY will be presented to the Sea Cliff Yacht Club boat with the best performance in her division.

The MARTHA and NORVIN RIESER PERSEVERANCE TROPHY will be presented to the skipper who has sailed the most Around Long Island Regattas but not won the trophy within the last five years.

The GEOFFREY A. BAKER TROPHY will be presented to the Sea Cliff Yacht Club boat with the best corrected time.

The JACK SUSSI ACADEMY TROPHY will be awarded to the Academy boat with the best performance in the judgment of the Race Committee.

The COLLEGIATE TROPHY will be awarded to the top Collegiate boat crewed by at least 75% from the same school. This may include alumni and educators, as well as current students.

The E-GAD TROPHY will be awarded to the first Division 1 boat to start properly.

The BOHEMIA TROPHY will be awarded for the best performance by a first time ALIR participant (subject to Deed of Gift wording).

The BENETEAU TROPHY will be awarded for the best performance by a Beneteau boat at the discretion of the Race Committee.

FIRST TO FINISH TROPHIES will be awarded to the first monohull & first multihull to finish.

FLEET TROPHIES will be awarded to the top three finishers in the IRC fleet, the PHRF Spinnaker fleet, the PHRF Non-Spinnaker fleet, the PHRF Double-Handed fleet, and the Multihull Fleet.

DIVISIONAL TROPHIES will be awarded to the top three boats in each PHRF division (time on distance).

TEAM TROPHIES will be awarded to the top three teams with the best cumulative division finishes using the Low Point Scoring System, RRS A2 except that each team's total score will be the sum of the scores of all boats on the team. A boat sailing both PHRF and IRC must specify, on the team entry form, which she would like to be scored in. In the absence of a specific division, a boat will be scored PHRF.

JUNIOR TROPHIES will be awarded to the top three Junior boats. See Rules for the definition of Junior Boats.

CLASSIC TROPHIES will be awarded to the top three Classic boats (Model year 1991 or older) based on corrected times (PHRF Spinnaker and PHRF Non-Spinnaker only)

AWARDS PRESENTATION & PARTY

Awards will be presented at the Award Celebration Party on Sunday, July 31, 2016 at Sea Cliff Yacht Club. The party will begin at 1400 hrs. The awards presentation will begin at approximately 1700 hrs. Tickets are available in advance at the Regatta Desk or at the door.

KATTACK, WEB SITE & FACEBOOK

The ALIR will participate in the Kattack tracking program. Live (only slightly delayed) tracking will be available from a link on the ALIR website (www.alir.org).

Kattack tracking will be a fun way for the entire family to follow the racers' progress. In order to participate a boat must install the Kattack Mobile application to a smartphone aboard their boat. Go to the respective app store (IOS & Android) and search on Kattack mobile. Once installed, select this Regatta as the race and be sure to turn on the app before starting. Please note that the app is battery intensive.

The ALIR Committee will post information regarding the race (i.e. Notice of Regatta & Sailing Instructions, Notices to Competitors, Scratch Sheets, Results, etc.) on its YachtScoring page at:

<http://www.yachtscoring.com/emenu.cfm?eID=1505>



Like us on Facebook at <http://www.facebook.com/aroundlongislandregatta>

AROUND LONG ISLAND REGATTA COMMITTEE

The Sea Cliff Yacht Club, Ltd.

Commodore - James Arnemann

Vice Commodore - Brad Dickson

Rear Commodore – Charles Parisi

Secretary – Alan Mitzner

Treasurer – Marc Mandel

Sea Cliff Yacht Club Race Committee and ALIR Chairperson—Effie Marie Smith

ALIR Principal Race Officer—PC Dana Schnipper

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