



IDA LEWIS DISTANCE RACE SAILING INSTRUCTIONS

AUGUST 14, 2015

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 FOR ALL BOATS, the US Safety Equipment Requirements of US Sailing for **US Coastal**. A boat may not be protested for failing to comply with these Requirements except by the Race or Protest Committees.
- 1.3 For IRC boats - IRC Rules Parts A, B and C shall apply.
- 1.4 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association.
- 1.5 For Multihull boats – the current NEMA Race Rules shall apply.
- 1.6 For HPR boats - the current High Performance Rule.
- 1.7 Rules 28, 29.1, 41, 55, 60.1, 63.1, 63.2, A5 and Race Signals are changed.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located on the deck on the east side of the Ida Lewis Yacht Club club house.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted before 0800 hours on the day of the race.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 4.2 When flag AP is displayed ashore, the warning signal will be made not less than one (1) hour after flag “AP” is lowered. This changes Race Signals.
- 4.3 The Race Committee will make announcements concerning postponements, courses, premature starters, etc., on VHF Channel 79A. Failure of the Race Committee to make such announcements, or failure of competitors to receive or hear such announcements will not be grounds for redress.

5 CLASSES AND CLASS FLAGS

- 5.1 Boats will be divided into classes. The Class Flag for each class shall be the numeral pennant for that class’s number. Each boat shall race in the class to which it is assigned.

- 5.2 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

6 CHECK IN AND RETIREMENT

- 6.1 Prior to the first warning signal, all boats shall check in with the Race Committee by passing astern of the Committee Boat on starboard tack and hailing their sail numbers, and having the Race Committee respond.
- 6.2 Boats retiring shall inform the Race Committee by phoning **(401) 846-1969 ext. 4** as soon as possible.

8 COURSES

8.1 Course 1 - Montauk Course

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” MoA WHIS, ENE of Point Judith	to port
Buzzards Bay Tower Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
Buzzards Bay Tower Fl 2.5 sec Horn	to port
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
Block Island	to port

Finish – off Ida Lewis Yacht Club

Races using Course 1 will be scored using 170 nm.

8.2. Course 2 – Block Island Course

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
Buzzards Bay Tower Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
N”2” South of Block Island	to starboard
R”4” Fl R 6s WHIS SW of Block Island	to starboard
G”1BI” Fl G 4s Bell North of Block Island	to starboard

Finish – Off Ida Lewis Yacht Club

Races using Course 2 will be scored using 153 nm.

8.3 Course 3 – Point Judith Course

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
RW”NB” Mo(A) WHIS, ENE of Point Judith	to starboard

Finish – Off Ida Lewis Yacht Club

Races using Course 3 will be scored using 121 nm.

8.4 Course 4 – Buzzards Bay Tower Course

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
RW “SR” Mo(A) WHIS S of Sakonnet Point	to port
RW”NB” Mo(A) WHIS, ENE of Point Judith	to starboard

Finish – Off Ida Lewis Yacht Club

Races using Course 4 will be scored using 107 nm.

9 THE START

- 9.1 Friday, August 14:
- | | |
|--------------------------------------|------------|
| Double-handed Warning Signal | 1230 hours |
| Multihull Warning Signal | 1245 hours |
| PHRF Warning Signal | 1300 hours |
| IRC/HPR Warning Signal | 1315 hours |
| HPR Warning Signal IF Separate Start | 1330 hours |
- 9.2 Races will be started in accordance with rule 26.
- 9.3 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.
- 9.4 Boats shall keep clear of the starting area unless starting.
- 9.5 Any boat not starting within **15** minutes of the last starting signal of the day shall be scored DNS without a hearing. This changes rule A5.
- 9.6 The Race Committee may hail boats starting prematurely on VHF Ch 79A, but failure to do so is not grounds for redress. This changes rules 29.1 and 41.
- 9.7 A boat that does not comply with rule 29.1 shall have one (1) hour added to her elapsed time without a hearing. This changes rules 29.1, 63.1 and A5.

10 THE FINISH

- 10.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell off Goat Island and a staff flying an Orange flag at the north end of the deck at Ida Lewis Yacht Club. A yellow inflatable buoy will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W. This buoy, which shall be left to starboard when finishing, is a mark of the course but not part of the Finish Line. It is intended to provide a rough approximation of the angle of the finish line. The Orange flag will be illuminated at night.
- 10.2 Boats approaching the finish, when they are abeam of Castle Hill Light, shall call the Race Committee on VHF Ch 79A or via telephone (401) 846-1969 ext 4) and report their boat name, sail number and time. If reporting by telephone, information may be left on the race answering machine.
- 10.3 At night, boats shall illuminate their sail numbers when approaching the finish line.
- 10.4 Boats shall take their own finish time and report this to Race Committee at Ida Lewis Yacht Club within **ONE** (1) hour after finishing.
- 10.5 Boats shall complete and sign a declaration that they have sailed the race in accordance with the Rules. The completed declaration may be presented to the Race Committee on the RC mark boat after finishing or delivered to the Race Committee at the Finish Line Desk on the deck on the north side of the Ida Lewis Yacht Club within ONE (1) hour after finishing.

11 PENALTY SYSTEM

RRS 44.3, Scoring Penalty, shall apply.

12 TIME LIMIT

The time limit for all boats is 1800 hours on Saturday, August 15, 2015.

13 RENDERING ASSISTANCE

- 13.1 Attention is drawn to the responsibility imposed by good seamanship and RRS 1.1 (Helping Those in Danger).

- 13.2 At the discretion of the Race Committee, an elapsed time credit will be given to a boat rendering assistance to, or standing by, a vessel in distress. To receive such credit, within one (1) hour of finishing, the skipper of the boat rendering assistance must submit a written statement to the Race Committee detailing the location, time spent and extra distance traveled, if any.

14 PROTESTS

- 14.1 Boats intending to file a protest shall inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 79A or calling the race office at (401) 846-1969, ext. 4 until acknowledged.
- 14.2 Protests must be submitted in writing to the Race Committee at Ida Lewis Yacht Club within one (1) hour of finishing. Protest forms will be available at the Race Committee Finish Line Staff located on the deck on the north side of the Ida Lewis Yacht Club.
- 14.3 The Protest Committee anticipates that it will begin hearing protests at 1530 on Saturday, August 15, 2015.
- 14.4 The Jury may apply a penalty other than disqualification for breaking a Rule other than one of Part 2 of the Racing Rules.

15 SCORING

- 15.1 IRC: Time allowances for IRC boats will be calculated using the boat's TCC on a Time-on-Time (TOT) basis.
- 15.2 PHRF: Time allowances for PHRF boats will be in seconds per mile as provided by PHRF-Narragansett Bay.
- 15.3 Multihulls: Time allowances for Multihull boat will be Time on Time as provided by NEMA.

16 GOVERNMENT BUOYS

Government buoys, when not specified as part of the course, have no required side except for safe navigation.

17 ADVERTISING

- 17.1 Advertising shall be in accordance with ISAF regulation 20.
- 17.2 Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- 17.3 Advertising for tobacco products are prohibited.
- 17.4 Advertising that conflicts with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

18 PRIZES

- 18.1 Prizes will be awarded on Saturday, August 15, at 1950 hours at Ida Lewis Yacht Club.
- 18.2 The following prizes will be awarded:
- A. The Russell L. Hoyt Memorial Trophy for the IRC Division Best Elapsed Time.
 - B. The Lois J. Muessel Memorial Trophy for the PHRF Division Best Elapsed Time.
 - C. The Commodore's Trophy for the IRC Division, Corrected First Place.
 - D. The Lime Rock Trophy for the PHRF Division, Corrected First Place.
 - E. Double-Handed Division, Corrected First Place.

- F. The Arent H. Kits van Heyningen Trophy for the Youth Challenge, Corrected First Place.
 - G. William E. Tuthill Trophy for the Collegiate Challenge, Corrected First Place.
 - H. Cruising Spinnaker Division Trophy, Corrected First Place.
 - I. Multihull Division, Corrected First Place.
- 18.3 Additional prizes may be awarded at the sole discretion of the organizing authority and may be based on criteria other than the regatta.
- 19 NOTES**
- 19.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.
- 19.2 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.
- 19.3 Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.
- 19.4 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
- 19.5 In an emergency, if there is no one on duty at (401) 846-1969 ext. 4, competitors are requested to call (214) 244-4955.
- 19.6 Rule 55 is changed to allow the disposal of biodegradable sail banding material.
- 20 SPECIAL LIMITATIONS and REQUIREMENTS**
- 20.1 All yachts shall carry, mount, and keep turned on while racing a Yellow Brick transponder provided by the Organizing Authority. Transponders shall be mounted on a stanchion in a location exposed to the sky and aft of the steering station. The transponder must be returned to the Race Committee after finishing. A participant not returning the transponder by the end of the race time limit or two hours after finishing, whichever is later may be scored DNF without a hearing and will be charge for the cost of this transponder. This changes RRS 63.1.
- 20.2 The US Sailing prescription to rule 63.2 is deleted.
- 20.3 Protests alleging infringement of SI paragraphs 10 and 19 shall only be initiated by the Ida Lewis Long Distance Race Organizing Authority. This changes RRS 60.1

**Ida Lewis Yacht Club
Commodore Gary H. Lash**

**Ida Lewis Yacht Club
Race Committee Chair
John Horton**

**Principal Race Officer
Peter Gerard**

**Ida Lewis Distance Race Co- Chairs
Simon Davidson
Skip Helm**

**Chief Judge
Ron Hopkins**



FINISH DECLARATION

Name of Yacht _____ Sail Number _____

I hereby declare that the above named yacht has sailed the Ida Lewis Distance Race in accordance with the Rules and ORR Cat 3 (without life raft) regulations.

The yacht was / was not involved in any protest situation (circle appropriately)

The yacht did / did not fly Yellow Flag. Sail number of other yacht _____

Describe incident:

.....

.....

Record time and date of rounding's:

1) Buzzards Tower _____

2) Last Mark:

G"1" Fl G 4s Gong, ENE of Montauk Point (Course 1)

or

G"1BI" Fl G 4s Bell North of Block Island (Course 2)

or

R"2" QR Whistle, Brenton Reef (Course 3)

or

RW"NB" Mo(A) WHIS, ENE of Point Judith (Course 4)

3) Finish time/date _____

4) Did you return your Yellow Brick Transponder to Distance Race Office? Yes or No

Owner/Skipper Signature _____ Date _____

Printed name _____ Phone number _____

Race committee

Received by _____ Date _____ Time _____