



INDIAN HARBOR YACHT CLUB SPRING SPRINT
for Double Handed Yachts
Sprint Distance Races
Saturday, May 17th, 2014
Sailing Instructions

1. RULES

These races will be governed by the Racing Rules of Sailing, the prescriptions of US Sailing, the Notice of Race, and by these Sailing Instructions. Boats shall comply with the rules and requirements of their respective class and/or measurement rules except as noted below.

The measurement rules used will be PHRF Spinnaker as administered by the YRA of LIS. PHRF boats will be scored using the distance racing handicap issued to the boat by the YRA of LIS; PHRF boats will be scored using the "time-on-distance" method.

Scratch sheets may be obtained from the Indian Harbor Yacht Club Front Desk beginning Friday evening, May 16th or from a Regatta Committee support boat before the start, or online at <http://www.indianharboryc.com> (go to the Regattas tab, and then to the event name; or at www.yachtscoring.com.

2. ELIGIBILITY, EQUIPMENT REQUIREMENTS & RESTRICTIONS

This race is open to boats owned by or under charter to members of the YRA of LIS or another US Sailing member association, and to boats of foreign registry.

The responsibility for providing and maintaining a vessel, which is in all respects seaworthy and safe, rests with the owner, the captain, and the crew. All boats must comply with the YRA of LIS Category B minimum equipment recommendations.

Double Handed Requirements

- Crew limit is two persons, one of whom must be 18 years of age or older.
- Wind vanes or electric self-steering devices may be used.
- Twin headsails may be set on two poles, but no spinnaker or whisker pole may exceed the maximum rated length of the boat's spinnaker pole as shown on her rating certificate.
- Asymmetrical spinnakers may be used provided the boat is rated for their use.
- Jacklines must be rigged both port and starboard, and run from the cockpit to the bow.
- There shall be no shifting of ballast during the race except on boats rated with movable ballast.
- Safety harnesses must be worn at all times while racing.

3. ENTRY

Each boat's entry and fee of \$ 60 must reach the Indian Harbor YC Regatta Committee by 1700 hours, Wednesday, May 14th, or be subject to a late fee of \$ 25. No entry will be accepted after 1600 hours on Friday, May 16th. Make entries online at www.indianharboryc.com (go to Regattas tab, then to event name); or at www.yachtscoring.com.

4. NOTICES TO COMPETITORS & CHANGES IN SAILING INSTRUCTIONS

Notices to competitors will be posted on the Official Notice Board located in the lobby of the Indian Harbor YC Clubhouse. Changes to these Sailing Instructions will be posted by 1000 on May 17th, 2014, the day of the race.

5. FILING & HEARING PROTESTS

A protesting boat should notify the Regatta Committee at the time it finishes, that it intends to file a protest. A protesting boat shall deliver her protest to the Indian Harbor YC Front Desk, marked to the attention of the Protest Committee, no later than 2100 Tuesday, May 20st, 2014 (Note: Indian Harbor Yacht Club is closed on Monday, May 19th.) Protest forms are available in the Sailing Office located on the Club's second deck. All protests will be heard at 1945 on Thursday, May 22th, 2014.

6. TIME OF START & SIGNALS

The starting sequence will be in accordance with RRS 26. Class Flags will be numeral pennants corresponding to the division numbers listed on the scratch sheets. The starting sequence will continue in the following manner until all divisions on the scratch sheet have been started.

Time	Meaning	Visual Signal	Sound Signal
1155	Warning	Division Numeral Pennant	1 sound
1156	Preparatory	Code Flag P, I, Z, Z with I, or black flag	1 sound
1159	One-minute	Preparatory flag removed	1 long sound
1200	Start	Division pennant removed	1 sound

Succeeding divisions will be started either (a) at five minute intervals by displaying the division pennant of the next division to start at the start of the preceding division, or (b) at any time afterward by re-commencing the five minute sequence described above. In the event a new five minute sequence is initiated, the Regatta Committee will endeavor to make a multiple horn signal shortly before the new warning signal.

7. STARTING LINE

The starting line will be between a yellow flag on the RC boat and an adjacent mark approximately 1/8 nm SW of Newfoundland Reef, located inside Captain Harbor.

8. GOVERNMENT MARKS

Government marks that are not marks of the course may be passed on either side at the sole discretion of a boat's skipper/owner.

9. COURSES

Divisions and course letters will be displayed by placards on the RC boat course board. If course letters E or F are displayed with a letter R, that course shall be sailed in the reverse direction from the description. Boats may exit or re-enter Captain Harbor by any desired passage, but boats shall finish from the direction of their last mark. Boats having Matinecock Point Shoal Lighted Gong Buoy "21" as their last mark shall finish from east to west. Course distances have been determined by the Regatta Committee and are not subject to redress. This amends RRS 62.1(a).

Course A

From the starting line, sail to Eatons Neck Point Lighted Gong Buoy "11B" Fl G 4s (LL Nr 21310), leaving this mark to port, and return to the finish line. The course distance is 19.8 nautical miles.

Course B

From the starting line, sail to Cable and Anchor Reef Lighted Bell Buoy "28C" Fl R 4s (LL Nr 21330), located SE of Greens Ledge, leaving this mark to port, and return to the finish line. The course distance is 17.75 nautical miles.

Course C

From the starting line, sail to The Cows Lighted Bell Buoy "32" Fl R 2.5s (LL Nr 21365), located off Stamford Harbor, leaving this mark to port, and return to the finish line. The course distance is 8.2 nm.

Course D

From the starting line, sail to Scotch Caps Lighted Bell Buoy "42" Fl R 2.5s (LL Nr 21430), located off Mamaroneck Harbor, leaving this mark to port, and return to the finish line. The course distance is 12.55 nm.

Course E

From the starting line, sail to Matinecock Point Shoal Lighted Gong Buoy "21" Fl G 4s (LL Nr 21420), leaving this mark to port, then sail to Lloyd Point Shoal Lighted Gong Buoy "15" Fl G 4s (LL Nr 21360) leaving this mark to port, and return to the finish line. The course distance is 19.8 nm. (If the Reverse course is signaled, leave both mark buoys to starboard; and the course distance is 19.6 nm.)

Course F

From the starting line, sail to The Cows Lighted Bell Buoy "32" Fl R 2.5s (LL Nr 21365), off Stamford Harbor, leaving this mark to starboard, then sail to Scotch Caps Lighted Bell Buoy "42" Fl R 2.5s (LL Nr 21430), located off Mamaroneck Harbor, leaving this mark to starboard, and return to the finish line. The course distance is 19.05 nm. (If the Reverse course is signaled, leave both mark buoys to port; and the course distance is 20.6 nm.)

Course G

From the starting line, sail to Prospect Point Lighted Gong Buoy "23" Fl G 4s (LL Nr 21435), located about 0.8 nm east of Execution Rocks, leaving this mark to port, and return to the finish line. The course distance is 17.85 nm.

Course H

From the starting line, sail to Matinecock Point Shoal Lighted Gong Buoy "21" Fl G 4s (LL Nr 21420), leaving this mark to port, and return to the finish line. The course distance is 12.4 nm.

Course J

From the starting line, sail to Lloyd Point Shoal Lighted Gong Buoy "15" Fl G 4s (LL Nr 21360) leaving this mark to port, and return to the finish line. The course distance is 12.10 nm.

10. FINISH LINE

The finish line will be between Greenwich Harbor Channel Buoy "2" (LL Nr 25480), located INSIDE Captain Harbor and a yellow flag on an RC boat. **[Please note: this Red Nun Channel Buoy "2" is inside the Great Captain Islands.** The bearing FROM this buoy TO the Great Captain Island Light (LL Nr 21400), is 199 degrees magnetic at a distance of 0.97 nm.] The RC boat will be anchored **to the north** of Red Nun "2".

The RC boat will display a Race Committee flag, a blue cylinder, and after sunset, two vertical white lights. If finishing in the dark, a boat shall hail the RC boat on VHF Channel 68 when approaching the finish line, and upon finishing illuminate her sail number, to ensure the boat's identity has been established.

11. RECALLS

The Regatta Committee will attempt to hail OCS boats on VHF Channel 68. Failure of the Regatta Committee to successfully notify an OCS boat over the radio shall not relieve the OCS boat of its responsibility under RRS 28.1 nor be grounds for redress. This amends RRS 62.1(a).

12. WITHDRAWALS

Boats withdrawing from the race are REQUIRED to contact the Regatta Committee either over VHF Channel 68 or by contacting Indian Harbor Yacht Club by telephone at (203) 869-2484.

13. PROPULSION EXCEPTION

A boat that takes the ground while racing is permitted to use an engine or any other method to get herself re-floated, in accordance with RRS 42.3(h).

14. POST-RACE GET-TOGETHER

All competitors are invited to Indian Harbor Yacht Club after their finish for a post-race get-together and prize announcements. Temporary moorings and launch service are available for visiting yachts attending the party.

15. PRIZES

First, second and third place prizes will be awarded in each division. Other prizes may be awarded. Prizes will be awarded at the Indian Harbor Annual Sailing Awards Dinner, on November 7 (tentative), 2014.

16. RESPONSIBILITIES OF COMPETITORS

As a condition precedent to his or her participation in any race or series sponsored by Indian Harbor Yacht Club, Incorporated, including without limitation all activities associated with the event, each participant or competitor agrees to participate entirely on his or her own responsibility, and waives any and all claims, including without limitation any claim in respect of assistance given or not given, against Indian Harbor Yacht Club, Incorporated, and the directors, officers, members, guests and employees of the Club, for any injury or damage resulting from such participation.